ORIGINAL RESEARCH

Open Access

Relationships between uptake of [⁶⁸Ga] Ga-DOTA-TATE and absorbed dose in [¹⁷⁷Lu] Lu-DOTA-TATE therapy



Anna Stenvall^{1,2†}, Johan Gustafsson^{1*†}, Erik Larsson², Daniel Roth¹, Anna Sundlöv³, Lena Jönsson^{1,2}, Cecilia Hindorf^{1,4}, Tomas Ohlsson² and Katarina Sjögreen Gleisner¹

Abstract

Background: Somatostatin receptor ⁶⁸Ga PET imaging is standard for evaluation of a patient's suitability for ¹⁷⁷Lu peptide receptor radionuclide therapy of neuroendocrine tumours (NETs). The ⁶⁸Ga PET serves to ensure sufficient somatostatin receptor expression, commonly evaluated qualitatively. The aim of this study is to investigate the quantitative relationships between uptake in ⁶⁸Ga PET and absorbed doses in ¹⁷⁷Lu therapy.

Method: Eighteen patients underwent [⁶⁸Ga]Ga-DOTA-TATE PET imaging within 20 weeks prior to their first cycle of [¹⁷⁷Lu]Lu-DOTA-TATE. Absorbed doses for therapy were estimated for tumours, kidney, spleen, and normal liver parenchyma using a hybrid SPECT/CT-planar method. Gallium-68 activity concentrations were retrieved from PET images and also used to calculate SUVs and normalized SUVs, using blood and tissue for normalization. The ⁶⁸Ga activity concentrations per injected activity, SUVs, and normalized SUVs were compared with ¹⁷⁷Lu activity concentrations 1 d post-injection and ¹⁷⁷Lu absorbed doses. For tumours, for which there was a variable number per patient, both interand intra-patient correlations were analysed. Furthermore, the prediction of ¹⁷⁷Lu tumour absorbed doses based on a combination of tumour-specific ⁶⁸Ga activity concentrations and group-based estimates of the effective half-lives for grade 1 and 2 NETs was explored.

Results: For normal organs, only spleen showed a significant correlation between the 68 Ga activity concentration and 177 Lu absorbed dose (r = 0.6). For tumours, significant, but moderate, correlations were obtained, with respect to both inter-patient (r = 0.7) and intra-patient (r = 0.45) analyses. The correlations to absorbed doses did not improve when using 68 Ga SUVs or normalized SUVs. The relationship between activity uptakes for 68 Ga PET and 177 Lu SPECT was stronger, with correlation coefficients r = 0.8 for both inter- and intra-patient analyses. The 177 Lu absorbed dose to tumour could be predicted from the 68 Ga activity concentrations with a 95% coverage interval of - 65% to 248%.

Conclusions: On a group level, a high uptake of [⁶⁸Ga]Ga-DOTA-TATE is associated with high absorbed doses at ¹⁷⁷Lu-DOTA-TATE therapy, but the relationship has a limited potential with respect to individual absorbed dose planning. Using SUV or SUV normalized to reference tissues do not improve correlations compared with using activity concentration per injected activity.

Keywords: Radionuclide therapy, Dosimetry, Neuroendocrine tumours, Peptide receptor radionuclide therapy, Somatostatin receptor imaging, DOTA-TATE, ⁶⁸Ga PET, ¹⁷⁷Lu SPECT

[†]Anna Stenvall and Johan Gustafsson have contributed equally

*Correspondence: johan_ruben.gustafsson@med.lu.se

Background

Peptide receptor radionuclide therapy (PRRT) with [177Lu]Lu-DOTA-TATE for treatment of somatostatin receptor (SSTR) expressing neuroendocrine tumours



© The Author(s) 2022. **Open Access** This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit http://creativecommons.org/licenses/by/4.0/.

¹ Medical Radiation Physics, Lund, Lund University, Lund, Sweden Full list of author information is available at the end of the article

Stenvall et al. EJNMMI Research (2022) 12:75 Page 2 of 15

(NETs) [1, 2] is typically preceded by SSTR-PET imaging using [68Ga]Ga-DOTA-TATE or -TOC to ensure adequate receptor expression [3, 4]. The use of a theragnostic approach with the same or similar peptides for imaging and therapy offers opportunities for therapy stratification, but there is today no consensus on the predictive value of ⁶⁸Ga-SSTR-PET/CT imaging with respect to response, absorbed doses, or activity uptakes in tumours and normal organs for therapy. A number of studies have investigated the relationship between SSTR expression quantified from ⁶⁸Ga-SSTR-PET/CT and the outcome of [177Lu]Lu-DOTA-TATE or -TOC therapy of NETs [5-10]. When examining such relationships, it is often implicitly assumed that a high tumour uptake in pretherapeutic ⁶⁸Ga-SSTR-PET/CT images also infers high tumour uptake and absorbed dose during ¹⁷⁷Lu therapy.

To the best of our knowledge, there is to date only one study that made a direct, quantitative comparison of results from [68Ga]Ga-DOTA-TOC PET and absorbed doses delivered during [177Lu]Lu-DOTA-TOC therapy for NET patients [11]. In that study, tumour dosimetry was performed for 21 patients based on serial planar ¹⁷⁷Lu imaging, and a statistically significant correlation (r=0.7) was found between the ⁶⁸Ga-SUV (SUV_{mean} or SUV_{max}) and the ¹⁷⁷Lu absorbed dose [11]. Furthermore, a few reports on similar radiopharmaceuticals or indications are available. Krebs et al. [12] reported on the treatment of 20 NET patients using a SSTR antagonist (177Lu-satoreotide tetraxetan) with pre-therapeutic ⁶⁸Ga-imaging and ¹⁷⁷Lu dosimetry based on a hybrid SPECT-planar method. Various quantitative parameters were analysed, including tumour-to-normal-tissue SUV ratios, and the highest correlation (r=0.5) was found between ⁶⁸Ga-SUV_{peak} and the ¹⁷⁷Lu absorbed dose to lesions [12]. Hänscheid et al. [13] reported data from 11 patients treated for meningioma, where ¹⁷⁷Lu dosimetry was performed with a hybrid SPECT-planar method. They found that the ⁶⁸Ga-SUV_{max} correlated well with the ¹⁷⁷Lu activity concentration 1 h after administration (r=0.95), whilst the correlation to ¹⁷⁷Lu absorbed dose was moderate (r = 0.76). For [177 Lu]Lu-PSMA, pre-therapeutic ⁶⁸Ga-PET/CT and ¹⁷⁷Lu absorbed doses have also been compared, e.g. by Peters et al. [14].

Investigation of possible relationships between uptakes of ⁶⁸Ga-SSTR-PET and absorbed doses in ¹⁷⁷Lu PRRT can be made from different perspectives. In the abovementioned studies, the relationship was approached on a population level, reflecting the overall relationship across patients. For metastatic disease, analyses can also be made across the tumours within individual patients, addressing the distribution of uptakes and absorbed doses, i.e. whether a higher uptake of [⁶⁸Ga] Ga-DOTA-TATE in one tumour than another generally

means that the absorbed dose is higher for that tumour in [177Lu]Lu-DOTA-TATE therapy. Thirdly, the question can be posed as an estimation problem, to understand whether and how well absorbed doses in 177Lu PRRT can be predicted from a pre-therapeutic 68Ga-SSTR-PET. This perspective is relevant with regards to personalized dose planning, where both tumours and normal organs need to be considered. The various perspectives need to be considered separately, as they require different methods for evaluation.

Studies that compared the activity uptakes in ⁶⁸Ga-SSTR-PET/CT with the uptakes and absorbed doses in ¹⁷⁷Lu-PRRT have mainly used different variants of SUV for evaluation of the ⁶⁸Ga images. Besides SUV, different tumour-to-tissue ratios have been proposed, where reference tissues include the liver parenchyma, spleen, or blood [5, 15, 16]. Using SUV ratios is partly methodologically motivated, as this may partly mitigate the SUV dependence on factors such as reconstruction settings, the PET/CT system, and the accumulation time [17]. Another motivation is the pharmacokinetics, as demonstrated for 10 patients examined by dynamic [68Ga] Ga-DOTA-TATE and -TOC PET/CT, leading to the suggestion of using the tumour-to-blood SUV ratio [16, 18]. However, a simpler, and more fundamental parameter than SUV is the activity concentration. Although SUV is well established as a metric in diagnostics and patient selection from ⁶⁸Ga-SSTR-PET/CT [3, 4], the reasons for using SUV are less evident when attempting to find a relationship to the therapeutic absorbed dose from ¹⁷⁷Lu. Specifically, the inclusion of the patient's weight can be questioned (SUV = activity)concentration × weight/ injected activity), as the weight does not enter the calculation of the absorbed dose to tumours and organs.

The aim of this study was to investigate whether and how parameters derived from [68Ga]Ga-DOTA-TATE PET/CT relate to the uptake and absorbed doses delivered during [177Lu]Lu-DOTA-TATE therapy in NET patients. As basic property for [68Ga]Ga-DOTA-TATE quantification the activity concentration per administered activity is calculated, which is then complemented by different SUV-based metrices. For [177Lu]Lu-DOTA-TATE both the activity concentration and the absorbed dose per administered activity are considered. Furthermore, the possibility to predict ¹⁷⁷Lu absorbed doses for tumours based on quantitative [68Ga]Ga-DOTA-TATE PET/CT images combined with population mean effective half-lives for [177Lu]Lu-DOTA-TATE, separated on grade-1 and grade-2 NETs, is studied. This study thus aims to complement and expand on earlier studies, using modern quantification methods, and analysing data for both organs and tumours, considering correlations as well as the ability of absorbed dose prediction.

Stenvall et al. EJNMMI Research (2022) 12:75 Page 3 of 15

Methods

Patient data

The patients included in this study are a subset of patients from the Iluminet trial [19], which was designed to study the safety and efficacy of dosimetry-based therapy with [\$^{177}Lu]Lu-DOTA-TATE\$ in patients with well-differentiated metastatic neuroendocrine tumours. The current data set consists of the Iluminet patients treated at Skåne University Hospital, Lund, who had performed a [\$^{68}Ga]Ga-DOTA-TATE PET/CT a maximum of 20 weeks prior to the first cycle of [\$^{177}Lu]Lu-DOTA-TATE. Originally, inclusion in the Iluminet trial was based on Octreoscan® uptake, wherefore not all patients had performed a PET/CT during the screening phase.

A total of 18 patients (10 males, 8 females) were eligible for analysis. The median age was 66.5 years (range 35.5 to 79.7 years). The primary tumour origin varied between patients: eleven patients had a small intestinal NET, three had a pancreatic NET, two colon NET, one lung NET, and one patient had a primary NET of unknown origin. The median Ki67-index was 3% (range 1% to 18%). Median time from [⁶⁸Ga]Ga-DOTA-TATE PET/CT to the first cycle of [¹⁷⁷Lu]Lu-DOTA-TATE was 5.1 weeks (range 0.3 to 18 weeks). Treatment with long-acting somatostatin analogues (SSA) was held four weeks before administration of [¹⁷⁷Lu]Lu-DOTA-TATE. Data on the time interval between injection of [⁶⁸Ga]Ga-DOTA-TATE and last SSA administration were available for 9 patients, and was on average 18 days.

Activity preparation and administration

The labelling of [$^{68}\text{Ga}]\text{Ga-DOTA-TATE}$ was performed using an established technique described in Gålne et al. [20]. Patients were prescribed an activity per body weight of 2.5 MBq/kg and received a total activity of (0.17 \pm 0.04) GBq (mean \pm standard deviation). The injected amount of peptide was (14 \pm 6) nmol (equivalent to (20 \pm 8) μ g), and the fraction of the DOTA-TATE molecules that were radiolabelled was (1.3 \pm 0.5) \times 10 $^{-4}$. The radiochemical purity exceeded the lower limit of 91% for all administrations.

[177 Lu]Lu-DOTA-TATE was prepared as previously described [21]. Patients were prescribed 7.4 GBq and received ($^{7.45}\pm0.06$) GBq. The injected amount of peptide was ($^{133}\pm8$) nmol (($^{190}\pm10$) µg). The fraction of radiolabelled DOTA-TATE molecules was ($^{7.7}\pm0.4$) × $^{10-2}$. The radiochemical purity exceeded the lower limit of 95% for all administrations. Kidney-protective amino acids were co-administered (2 L VAMIN® 14 g N/L) over 8 h, with 125 mL administered before the approximately 30 min long administration of DOTA-TATE. A corresponding co-infusion was not given for the [68 Ga]Ga-DOTA-TATE administration.

All activity meters used in this study (Capintec CRC-15, Capintec CRC-55tR, Comecer Vik-202) were calibrated with traceability to primary standard for ¹⁷⁷Lu, ⁶⁸Ga, and ¹⁸F.

Image data

⁶⁸Ga PET imaging

PET/CT acquisitions were performed on a GE Discovery PET/CT 690. The time between injection and imaging was (64 ± 5) min. Images were acquired from head to mid-thigh, with acquisition time 3 min per bed position. Tomographic images were reconstructed with an in-plane matrix size of 192×192 and voxel size $3.65\times3.65\times3.27$ mm³, using time-of-flight information and OS-EM with 3 iterations and 12 subsets, compensation for attenuation and scatter, three-dimensional point-spread function (PSF) modelling (referred to as VPFX-S on the camera system), a transaxial 5 mm full width at half maximum (FWHM) Gaussian post-filter, and an axial z-filter.

¹⁷⁷Lu SPECT imaging

SPECT/CT studies were acquired at nominally 1 d post-administration. For 17 patients the SPECT/CT was acquired (21.9 ± 1.1) h after administration, whilst one had the SPECT/CT performed at 94.6 h. To make SPECT-derived data consistent, the latter set of data were recalculated to the time point of the corresponding day one planar image (22.3 h) using the planar-derived effective half-lives for the respective tissues. The timing of the SPECT-derived data for all patients was then (21.9 ± 1.0) h after administration. Two systems were used, GE Discovery VH (1 patient) and GE Discovery 670 (17 patients). Both systems were equipped with mediumenergy collimators and projections were acquired in 60 angles over 360° in 128×128 matrices with pixel sizes $4.02 \times 4.02 \text{ mm}^2$ (Discovery VH) or $4.42 \times 4.42 \text{ mm}^2$ (Discovery 670). An energy-window centred at 208 keV with a width of 20% (Discovery VH) or 15% (Discovery 670) was employed. Tomographic images were reconstructed using an off-line program using OS-EM with 10 subsets, including compensations for attenuation and scatter using the model-based ESSE scattercompensation method [22]. Since different steps in the image-based dosimetry method required SPECT images with different properties, three different reconstruction settings were used [23]. Briefly, the first type of SPECT image (ASR-8) was used for visual inspection and manual delineation of organs, and was reconstructed with resolution compensation and 8 iterations. The second type of SPECT image (AS-8) was used for automatic delineation of tumours, and was reconstructed without resolution compensation with 8 iterations. The third type of SPECT

Stenvall et al. EJNMMI Research (2022) 12:75 Page 4 of 15

image (ASR-40) was used for activity and absorbed dose estimation, and was reconstructed with resolution compensation and 40 iterations.

¹⁷⁷Lu planar gamma camera imaging

Dosimetry for ¹⁷⁷Lu was performed using a hybrid SPECT-planar approach. For this purpose, planar whole-body gamma camera images were acquired at nominally 1 h, 24 h, 96 h, and 168 h post-injection (p.i.), using the same camera systems as for SPECT/CT. For each time point, anterior-posterior scans were co-registered to a scout radiograph and the geometric mean calculated on a pixel-by-pixel basis. Attenuation and scatter correction was performed using the scout radiograph to estimate the attenuation and scatter depth. This process yielded whole-body planar images with pixel values in projected activity [24].

Camera calibration

The PET camera system was calibrated for $^{18}\mathrm{F}$ against the activity meter once every three months, and $^{18}\mathrm{F}$ SUV verification measurements were made at least once per month. Retrospectively, SUV measurements were also made for $^{68}\mathrm{Ga}$. The SUV for $^{18}\mathrm{F}$ was obtained to $(0.99\pm0.03)\,\mathrm{g\,mL^{-1}}$, while for $^{68}\mathrm{Ga}$ it was $(0.94\pm0.02)\,\mathrm{g\,mL^{-1}}$ A similar systematic SUV deviation from 1.00 g mL $^{-1}$ for $^{68}\mathrm{Ga}$ has been reported by others [25, 26]. In this work, the observed deviation was considered in the PET image-based quantification by division of the activity concentrations from volumes of interest (VOIs) by the factor 0.94. The gamma camera was calibrated for $^{177}\mathrm{Lu}$ by measurement of the system sensitivity in air [27], which was used for both planar and SPECT image calibration.

Quantification of the activity concentration

For both PET and SPECT images, VOIs were delineated over organs and tumours and recovery coefficients (RCs) applied, as described below. Activity concentrations were calculated as the total activity in the VOI divided by the VOI volume (SPECT) or the mean value in the VOI (PET), divided by the relevant RC. All data were normalized to the injected activity and decay-corrected to the time of administration using the physical half-lives of ⁶⁸Ga or ¹⁷⁷Lu [28, 29], giving the activity concentration per injected activity, henceforth referred to as AC/ IA. SUV values (SUV_{max} and SUV_{mean}) were calculated according to clinical practice, i.e. based on non-partialvolume corrected activity concentrations, decay-corrected to the time of injection, normalized to the injected activity, and multiplied by the body weight. For SUV_{max} the maximum voxel value in the VOI was used.

Image segmentation Organ delineation

For left and right kidney, liver parenchyma, and spleen VOIs were manually defined in the SPECT/CT and PET/ CT images. For spleen and kidneys, whole-organ VOIs were defined mainly using the CT for guidance, although, in case of misalignment between the CT and SPECT or PET, the VOIs were adjusted. For liver parenchyma, multiple small VOIs were defined with the ambition to avoid tumour-infiltrated liver. For PET/CT images, the blood activity concentration was quantified by placing a small VOI in 10 consecutive transverse planes in the descending aorta, taking care to avoid regions close to lesions or lymph nodes with high activity uptakes. For planar images, small regions of interest were drawn centrally in the respective organ, with a margin to the organ contour to avoid interference from activity in neighbouring tissues.

Tumour delineation

To be eligible for assessment, a given tumour had to be well identifiable in both PET and SPECT images. To be suitable for hybrid planar—SPECT/CT time-activity analyses a further requirement was limited signal overlap from activity in surrounding tissues, and a set of criteria for tumour inclusion, detailed in Roth et al. [23, 30], were applied.

For planar images, tumour delineation was performed using a semiautomatic active rays-based technique [30]. For SPECT and PET images, a semiautomatic method based on Fourier surfaces was applied [31]. Tumours were manually identified by defining a rough VOI around the tumour with a margin. For SPECT, the ASR-8 images were used for manual selection and the Fourier surface method was then applied on the AS-8 images. For PET images, the clinical reconstructions were used for both manual identification and the subsequent automatic delineation. A few delineations were modified after review by the responsible oncologist.

The Fourier surface method has been previously validated for tumour segmentation in ¹⁷⁷Lu SPECT images by Gustafsson et al. [31], where it was found that reconstruction using AS-8, i.e. without resolution recovery, gave good performance in terms of volume preservation. To evaluate the performance for the PET images from the camera system used in this work, experimental data from Jönsson et al. [32] were used. These included PET/CT images of six ⁶⁸Ga-filled spheres in a NEMA IEC Body Phantom with volumes between 0.52 mL and 26.5 mL, and background-to-sphere activity concentration ratios of 0%, 20%, 40%, 60%, and 80%. At application of the Fourier surface segmentation method to these images,

Stenvall et al. EJNMMI Research (2022) 12:75 Page 5 of 15

a systematic negative bias in the volumes was obtained, likely as a result of the resolution recovery included in the reconstruction. To correct for this volume error, the physical sphere volume $V_{\rm p}$ was mapped to the volume estimated from segmentation, $V_{\rm s}$, and the background-to-object activity concentration ratio, η , following

$$V_{\rm p} = a_0 + a_1 V_{\rm s} + a_2 \eta + a_3 V_{\rm s} \eta, \tag{1}$$

where a_0 , a_1 , a_2 , and a_3 are parameters determined through linear regression. At application for determination of tumour volumes and activity quantification from patient PET images, Eq. 1 was used as a post-segmentation correction, such that $V_{\rm s}$ and η was determined from the images, and the tumour volume obtained as $V_{\rm p}$, as described in Appendix.

Partial-volume correction

As the general blood activity concentration differed substantially between 1 h and 24 h after DOTA-TATE administration, the image contrast and general background level differed between the ⁶⁸Ga-PET and ¹⁷⁷Lu-SPECT images. Moreover, the spatial resolution of the two modalities differed. For these reasons, different strategies were required for partial-volume correction (PVC).

PVC of organ data

For SPECT, kidneys and spleen were corrected for spillout using an RC of 0.85, as previously determined for kidneys and spleen [27, 33]. The RC applied for liver parenchyma was unity, since the VOIs used were substantially smaller than the organ extension.

For PET, the RCs for kidneys and spleen were determined for each separate VOI, by convolving the VOI mask with the PSF of the reconstructed images. The PSF was determined using matched filter analysis [34] applied to the ⁶⁸Ga sphere phantom data described above. The FWHM of the Gaussian PSF was determined to 6.4 mm (isotropic). The RC for liver parenchyma was unity.

PVC of tumour data

For 177 Lu-SPECT, compensation for spill-out of object signal was made using a previously reported expression of the RC as a function of volume, $R(V_{\rm p})$ following

$$R(V_{\rm p}) = \frac{1}{1 + \left(\frac{\alpha}{V_{\rm p}}\right)^{\beta}},\tag{2}$$

where α and β are two fitting parameters [23, 31, 35]. These parameters were determined based on sphere phantom experiments with V_p representing the physical sphere volumes [23]. At application of Eq. 2 for PVC and activity quantification of patient tumours, the volumes

obtained from the Fourier surface segmentation were applied [31].

For the 68 Ga-PET images, with a comparably high blood background level, both the spill-out of object signal and spill-in from background were considered. The 68 Ga sphere phantom data from Jönsson et al. described above were used to establish the recovery for the camera system used. In these images, spherical VOIs were defined with volumes according to the physical sphere volumes, $V_{\rm p}$. The recovery was calculated as the apparent activity concentration in the respective VOI, divided by the activity concentration from phantom preparation. The RC was parametrized according to

$$R(V_{p}, \eta) = R_{0}(V_{p}) + [1 - R_{0}(V_{p})] \cdot f \cdot \eta + [1 - R_{0}(V_{p})] \cdot [1 - f] \cdot \eta^{2},$$
(3)

where $R_0(V_p)$ is the RC expression in Eq. 2, η is the background-to-object activity concentration ratio, and f is a fitting parameter in the interval $f \in [0,1]$. For a non-radioactive background then $R(V_p,0) = R_0(V_p)$, i.e. the same expression as in Eq. 2. When the activity concentration in the object and background are identical then $R(V_p,1) \equiv 1$. The values of α , β and f were obtained by fitting Eq. 3 to the phantom data, using nonlinear least squares with Levenberg–Marquardt's method [36]. The fitted function $R(V_p,\eta)$ is shown in Appendix, where the application of Eq. 3 is also described.

Absorbed dose calculation for ¹⁷⁷Lu

The time-sequence of planar images were used to estimate the shape of the time-activity curves. Region-specific, relative activity values were calculated as the mean signal per pixel in the ROIs. For organs, background correction was applied by subtracting the mean signal in a ROI placed over the patient's thigh, assumed to represent an unspecific, general body background. For tumours, the average of the five highest pixel values within the ROI was used [30]. Curve fitting of the activity versus time data was performed using unweighted nonlinear least squares. For organs, a mono-exponential function was fitted to the last three time points, and a linear function between the first and second time point. For tumours, the curve consisted of a quadratic function between the first two time points and a mono-exponential function for the last three time points [23, 30]. To calculate the absorbed dose, a Monte Carlo program based on the EGS4 code with PRESTA was used [37, 38]. Absorbed dose rate images were calculated using the ASR-40 SPECT/CT images as input. Each VOI was applied to the volumeaveraged absorbed dose rate, which was then corrected using the relevant RC. Absorbed dose rate curves were Stenvall et al. EJNMMI Research (2022) 12:75 Page 6 of 15

obtained by rescaling the fitted time-activity curves to the absorbed dose rate, with a scaling factor determined from the curve value at the time of SPECT imaging. Finally, the absorbed dose was calculated by analytical integration of this rescaled curve. The assumption was thus made that the absorbed dose rate curves followed the time-activity curves [23]. For each of the segmented structures (organs and tumours), the absorbed dose per injected activity (AD/IA) was calculated.

Prediction of ¹⁷⁷Lu tumour absorbed doses from ⁶⁸Ga PET images

The possibility to predict tumour absorbed doses for [177Lu]Lu-DOTA-TATE based on the [68Ga]Ga-DOTA-TATE activity concentrations was explored. Based on previously published patient data, the assumption was made that the time-activity curves followed a monoexponential pattern, with effective half-lives of 103 h and 81 h for grade-1 and grade-2 NET patients, respectively [23]. The ⁶⁸Ga activity concentration from images was propagated back to the concentration at time t = 0, and the corresponding ¹⁷⁷Lu activity concentration calculated by scaling to the injected activities, $A_{\text{inj,}177\text{Lu}}/A_{\text{inj,}68\text{Ga}}$. The predicted ¹⁷⁷Lu absorbed doses were then calculated by the assumption of electron local energy deposition [39], a tissue density of 1.04 g mL⁻¹, and integration of the mono-exponential time-activity curves. The predicted 177Lu absorbed doses were compared with the absorbed doses measured at therapy.

Statistical analysis

For organs (kidneys, spleen, and liver parenchyma), the connection between the uptakes of [⁶⁸Ga]Ga-DOTA-TATE and the relevant dosimetric parameters for [¹⁷⁷Lu] Lu-DOTA-TATE were studied using Pearson's correlation coefficient. For kidneys, the mean of the data for left and right kidneys was considered to obtain independent data points.

For tumours, a cutoff volume was introduced, to exclude tumours with size close to the system spatial resolution [31]. Thus, tumours with volumes smaller than 5 mL as quantified from PET images were excluded from further analysis. Separate analyses were made of inter- and intra-patient correlations, using weighted correlation coefficients and repeated-measures correlations, respectively, as suggested by Bland and Altman [40, 41]. For the weighted correlation, each patient contributed with a single data point in the form of the mean, and the correlation was calculated using the number of tumours per patient as weights. For the repeated-measures correlation, all tumour data were used. The slope was assumed

to be common for all patients, while the intercept was treated as patient-specific in the linear fitting. Correlations for which p < 0.05 were considered statistically significant.

To investigate the stability of the correlation coefficients, a leave-one-out analysis was also made in which single data points were removed and the correlation analysis repeated. The leave-one-out analyses were performed for organ correlations and inter-patient correlations for tumours.

The agreement between tumour absorbed doses predicted from ⁶⁸Ga PET and those quantified from peri-therapeutic ¹⁷⁷Lu images was studied using a Bland–Altman plot. Since the errors were expected to scale with absorbed dose, the relative deviations were studied rather than the absolute deviations. To achieve symmetry of positive and negative deviations, the analysis was performed using the logarithms of the ratios. The mean deviation and 95% coverage intervals were calculated for the logarithmized ratios which were then transformed back to linear relative deviations.

Results

Organ and tumour volumes

For kidneys and spleen, the mean relative difference (\pm standard deviation) between organ volumes determined from $^{177}\text{Lu-SPECT}$ and $^{68}\text{Ga-PET}$ images were obtained to (2 \pm 10) % and (-1 \pm 12) %, respectively. Figure 1 shows the relationship between tumour volumes derived from $^{177}\text{Lu-SPECT}$ and $^{68}\text{Ga-PET}$. Of the total 92 tumours delineated, only those with a PET-derived

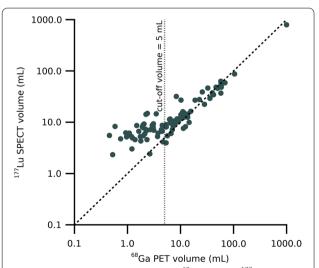


Fig. 1 Tumour volumes estimated from ⁶⁸Ga-PET and ¹⁷⁷Lu-SPECT. The dashed line indicates the identity line, and the vertical dotted line indicates the volume cutoff of 5 mL employed in the analyses

Stenvall et al. EJNMMI Research (2022) 12:75 Page 7 of 15

volume above 5 mL were included for further analysis ($n\!=\!52$). For these tumours, the relative deviations between $^{177}\text{Lu-SPECT}$ and $^{68}\text{Ga-PET}$ volumes were (20 \pm 52) %. For volumes below the cutoff volume, there was an increasingly larger systematic volume deviation, where most $^{177}\text{Lu-SPECT-derived}$ volumes were larger than those derived from $^{68}\text{Ga-PET}$.

Organ absorbed doses and activity concentrations

Figure 2 shows results for kidneys, spleen, and liver, including the ¹⁷⁷Lu absorbed dose (AD/IA) and activity concentration, ¹⁷⁷Lu-AC/IA, both as a function of the ⁶⁸Ga-AC/IA. The correlation coefficients, regression parameters, and intervals obtained for the correlation coefficient in the leave-one-out analysis (leave-one-out

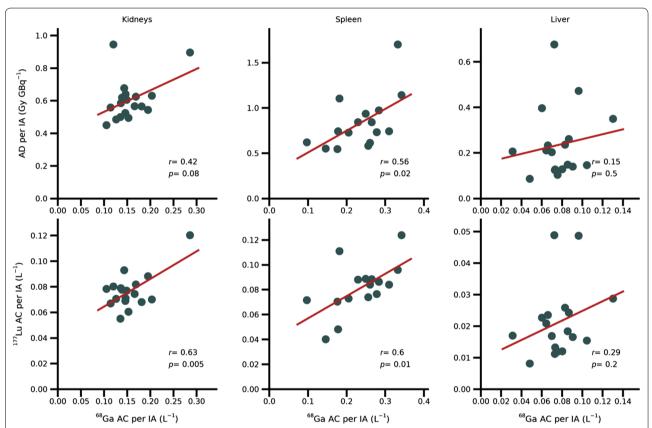


Fig. 2 Observed relationship between [⁶⁸Ga]Ga-DOTA-TATE and [¹⁷⁷Lu]Lu-DOTA-TATE for organs. Lutetium-177 absorbed dose per injected activity (upper row) and ¹⁷⁷Lu activity concentration per injected activity (lower row) are shown as a function of the ⁶⁸Ga activity concentration per injected activity for kidneys (left column), spleen (middle), and liver (right)

Table 1 Results for organs of the ¹⁷⁷Lu-AD/IA and ¹⁷⁷Lu-AC/IA, as a function of two ⁶⁸Ga-PET-derived metrices

	Kidneys			Spleen				Liver				
	r	р	k/m	LOOI	r	р	k/m	LOOI	r	р	k/m	LOOI
177Lu-AD/IA												
⁶⁸ Ga AC/IA	0.42	0.08	1.3/0.40	-0.018; 0.76	0.56	0.02	2.4/0.27	0.46; 0.64	0.15	0.5	1.1/0.15	0.0; 0.28
⁶⁸ Ga SUV _{mean}	0.081	0.7	0.0045/0.56	-0.29; 0.62	0.63	0.008	0.030/0.35	0.37; 0.73	- 0.26	0.3	-0.026/0.38	-0.35; -0.15
¹⁷⁷ Lu-AC/IA												
⁶⁸ Ga AC/IA	0.63	0.005	0.22/0.043	0.096; 0.70	0.60	0.01	0.18/0.039	0.49; 0.76	0.29	0.2	0.15/0.0094	0.20; 0.41
⁶⁸ Ga SUV _{mean}	0.63	0.005	0.0038/0.039	0.42; 0.76	0.60	0.01	0.0020/0.050	0.47; 0.77	- 0.081	0.8	- 0.00062/0.025	- 0.22; 0.066

 $Correlation \ coefficients \ (r), \ p-value \ (p), \ coefficients \ for \ the \ linear \ equation \ (y=kx+m, \ presented \ as \ k/m) \ and \ leave-one-out \ interval \ (LOOI, min; max)$

Stenvall et al. EJNMMI Research (2022) 12:75 Page 8 of 15

Table 2 Results for tumours of the ¹⁷⁷Lu-AD/IA with respect to various PET-derived explanatory variables

	Inter-pati	ent correlations	Intra-patient correlations				
	r	р	k/m	LOOI	r	р	k
⁶⁸ Ga AC/IA	0.71	0.004	6.0/1.5	0.62;0.81	0.44	0.04	3.0
⁶⁸ Ga SUV _{mean}	0.63	0.02	0.13/1.1	0.53;0.77	0.47	0.02	0.071
⁶⁸ Ga SUV _{max}	0.58	0.03	0.075/1.3	0.47;0.71	0.45	0.03	0.045
⁶⁸ Ga SUV _{mean} /SUV _{blood}	0.52	0.06	0.024/2.8	0.41;0.68	0.48	0.02	0.020
⁶⁸ Ga SUV _{mean} /SUV _{liver}	0.43	0.1	0.34/2.5	0.29;0.64	0.46	0.03	0.31
⁶⁸ Ga SUV _{mean} /SUV _{spleen}	0.27	0.4	0.60/2.9	0.13;0.45	0.19	0.5	0.55

Correlation coefficients (r), p-value (p), coefficients for the linear equation (y = kx + m, presented as k/m) and leave-one-out interval (LOOI, min; max)

interval, LOOI) are summarized in Tables 1 and 2, where the correlation coefficients when using 68 Ga SUV $_{\rm mean}$ as explanatory variable are also included.

For kidneys and spleen, there were significant (p<0.05) positive correlations for the 177 Lu-AC/IA with respect to both 68 Ga-AC/IA and 68 Ga SUV_{mean}, but the LOOI for kidneys was large, indicating that the result was unstable. For the 177 Lu-AD/IA, correlations were only significant for spleen. All significant correlations had approximately r=0.6.

Tumour absorbed doses and activity concentrations

Figure 3 shows the ¹⁷⁷Lu-AD/IA for tumours, as a function of the ⁶⁸Ga-AC/IA, ⁶⁸Ga-SUV_{mean}, ⁶⁸Ga-SUV_{max}, and various ratios of ⁶⁸Ga-SUV_{mean}. For the latter, reference tissues were blood, liver parenchyma, and spleen. Relationships when using ⁶⁸Ga-AC/IA, ⁶⁸Ga-SUV_{mean}, or ⁶⁸Ga-SUV_{max} as explanatory variable are shown as both inter- and intra-patient correlations. The different SUV ratios are only shown on an inter-patient basis since the normalization is not expected to affect the intra-patient relationships. A summary of the obtained correlation coefficients, regression parameters, and LOOIs are given in Table 2. Figure 4 and Table 3 show corresponding results when the ¹⁷⁷Lu-AC/IA is used as dependent variable.

The inter-patient analyses showed significant correlations, exceptions being the $^{177} \rm Lu\text{-}AD/IA$ as a function of any of the $^{68} \rm Ga\text{-}SUV$ ratios, and the $^{177} \rm Lu\text{-}AC/IA$ as a function of $\rm SUV_{mean}/SUV_{spleen}$. In general, the correlations were stronger for $^{177} \rm Lu\text{-}AC/IA$ than for $^{177} \rm Lu\text{-}AD/IA$. Using the various SUV ratios as explanatory variables yielded weaker inter-patient correlations and did generally not improve the intra-patient correlations compared to when using $^{68} \rm Ga\text{-}AC/IA$, SUV $_{\rm mean}$, or SUV $_{\rm max}$. The intra-patient analyses showed significant repeated-measures correlations, with the exception of $^{177} \rm Lu\text{-}AD/IA$ as a function of SUV $_{\rm mean}/SUV_{\rm spleen}$. Thus, within a given

patient, the variation in 68 Ga uptakes between tumours generally also translated to a difference in 177 Lu uptakes and absorbed doses.

Prediction of 177 Lu tumour absorbed doses from 68 Ga PET images

Figure 5 shows results of the Bland–Altman analysis of the agreement between tumour absorbed doses estimated from 68 Ga PET images and serial peri-therapeutic 177 Lu-imaging. On average, the 68 Ga-based estimates obtained was 11% higher than the 177 Lu absorbed doses measured at therapy, with a 95% coverage interval of -65% to 248%. There were no discernible patterns associated with G1 or G2 NETs.

Discussion

In this study, we have investigated the relationship between uptakes of $[^{68}\text{Ga}]\text{Ga-DOTA-TATE}$ quantified in PET images, and uptakes and absorbed doses to tumours and organs during subsequent treatment with $[^{177}\text{Lu}]$ Lu-DOTA-TATE for NETs. In summary, for tumours we see a significant (p<0.05), moderately strong (r=0.71), relationship across patients between the activity concentration from $^{68}\text{Ga-PET}$ images and the absorbed dose from $^{177}\text{Lu-PRRT}$. A stronger relationship is seen with respect to the ^{177}Lu activity concentration from SPECT images 24 h after injection. On an individual level, the ability to predict the ^{177}Lu absorbed dose to tumours based solely on a $^{68}\text{Ga-PET}$ image is limited, with a 95% coverage interval of -65% to 248%.

The use of ⁶⁸Ga-SSTR-PET for correlation with outcome and prognosis of NETs has been investigated both in general and with respect to ¹⁷⁷Lu-PRRT [5–10]. However, the connection between ⁶⁸Ga-SSTR-PET uptakes and absorbed doses during therapy is less studied [11]. Even if absorbed dose is not a direct measure of treatment outcome and toxicity, it is an established parameter in other forms of radiotherapy and is being gradually

Stenvall et al. EJNMMI Research (2022) 12:75 Page 9 of 15

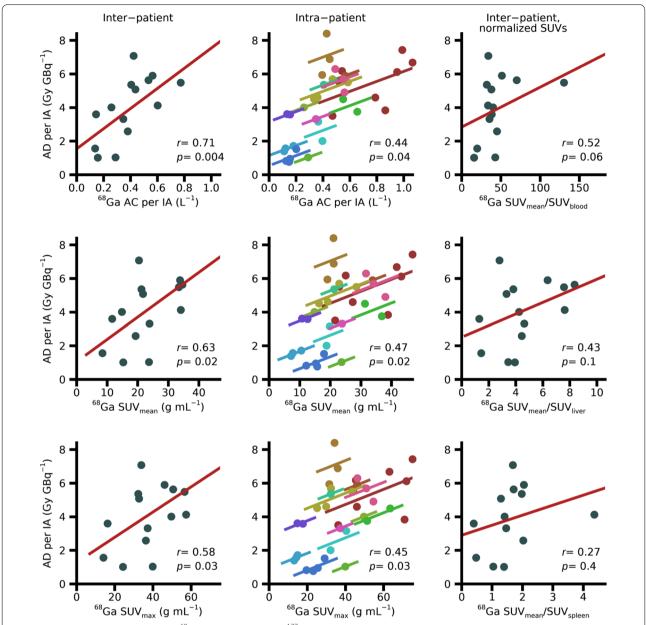


Fig. 3 Observed relationship between [⁶⁸Ga]Ga-DOTA-TATE and [¹⁷⁷Lu]Lu-DOTA-TATE absorbed doses to tumours. Inter-patient (left and right columns) and intra-patient (middle column) analyses of the ¹⁷⁷Lu-absorbed dose per injected activity are shown as a function of the ⁶⁸Ga activity concentration per injected activity, ⁶⁸Ga-SUV_{mean}, ⁶⁸Ga-SUV_{max}, and various ⁶⁸Ga-SUV ratios. Data underlying the inter-patient analyses are the means across the tumours in each patient, whereas the intra-patient analyses are based on data for the separate tumours in each patient, as indicated by the different colours

better established also for radionuclide therapy [35, 42, 43]. Hence, we believe that an increased understanding of relationships between ⁶⁸Ga-SSTR imaging and absorbed doses in ¹⁷⁷Lu-PRRT fills an important gap.

A fundamental difficulty for quantitative interpretation of pre-therapeutic 68 Ga-SSTR-PET with respect to the absorbed doses delivered during 177 Lu-PRRT lies in

the different half-lives of ⁶⁸Ga and ¹⁷⁷Lu [44] (6.6 d versus 68 min [28, 29]). ⁶⁸Ga-SSTR-PET is typically performed 1 h p.i. [4] while therapy with [¹⁷⁷Lu]Lu-DOTA-TATE extends over several days or weeks [39]. So although the ligand is identical, the time scales of the processes exploited with ⁶⁸Ga imaging and ¹⁷⁷Lu therapy are markedly different, limiting the accuracy for prediction of the

Stenvall et al. EJNMMI Research (2022) 12:75 Page 10 of 15

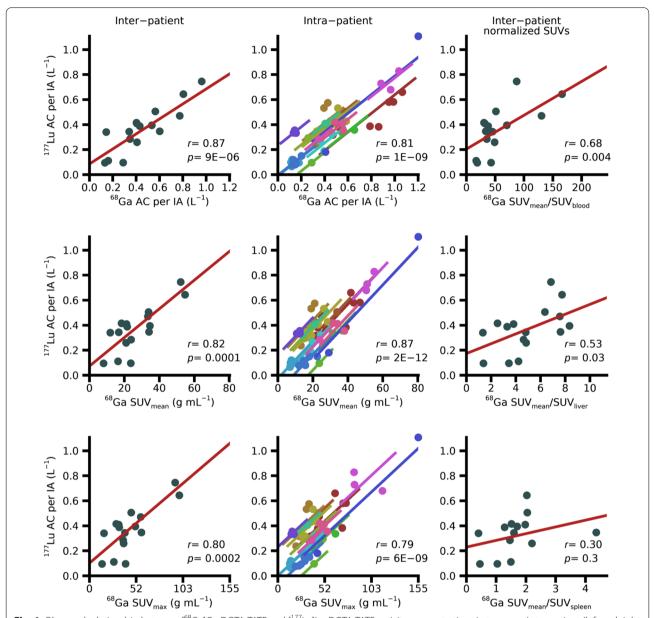


Fig. 4 Observed relationship between [⁶⁸Ga]Ga-DOTA-TATE and [¹⁷⁷Lu]Lu-DOTA-TATE activity concentrations in tumours. Inter-patient (left and right columns) and intra-patient (middle column) analyses of the ¹⁷⁷Lu activity concentration per injected activity are shown as a function of ⁶⁸Ga activity concentration per injected activity, ⁶⁸Ga-SUV_{mean}, ⁶⁸Ga-SUV_{mean}, and various ⁶⁸Ga-SUV ratios. For the intra-patient analyses, different colours represent different patients

time-integrated activity and absorbed dose [45]. There are also other factors that differ between the ⁶⁸Ga-SSTR-PET and ¹⁷⁷Lu-PRRT, such as the method of administration (bolus versus extended infusion), and the fraction of the peptides that are radiolabelled which differs by nearly three orders of magnitude. At the same time, ⁶⁸Ga-SSTR-PET imaging is today clinically used as part of the patient-selection process for ¹⁷⁷Lu-PRRT, and hence, to some extent, a correlation is implicitly assumed.

For tumours, the strengths of the obtained correlations between uptakes of [⁶⁸Ga]Ga-DOTA-TATE and absorbed doses in ¹⁷⁷Lu-PRRT are on par with those reported previously for NET and meningioma [11, 13], and higher than those reported for satoreotide tetraxetan [12]. Comparison between uptakes in [⁶⁸Ga]Ga-PSMA-11-PET and absorbed dose in therapy with ¹⁷⁷Lu-PSMA-617 have also shown similar correlations [14]. Importantly however, from such correlations on a group level, it cannot

Stenvall et al. EJNMMI Research (2022) 12:75 Page 11 of 15

Table 3 Results for tumours of the ''' Lu-AC/IA with respect to various PET-geriveg explanatory various PET-geriveg explanat	e 177Lu-AC/IA with respect to various PET-derived explanatory variables
---	---

	Inter-patient correlations				Intra-patient correlations		
	r	p	k/m	LOOI	r	p	k
⁶⁸ Ga AC/IA	0.87	9 × 10 ⁻⁶	0.60/0.085	0.83;0.91	0.81	1 × 10 ⁻⁹	0.74
⁶⁸ Ga SUV _{mean}	0.82	1×10^{-4}	0.011/0.073	0.74;0.86	0.87	2×10^{-12}	0.015
⁶⁸ Ga SUV _{max}	0.80	2×10^{-4}	0.0062/0.10	0.71;0.85	0.79	6×10^{-9}	0.0068
⁶⁸ Ga SUV _{mean} /SUV _{blood}	0.68	0.004	0.0027/0.20	0.62;0.73	0.83	2×10^{-10}	0.0044
⁶⁸ Ga SUV _{mean} /SUV _{liver}	0.53	0.03	0.039/0.17	0.42;0.62	0.79	8×10^{-9}	0.075
⁶⁸ Ga SUV _{mean} /SUV _{spleen}	0.30	0.3	0.054/0.23	0.11;0.42	0.84	2×10^{-8}	0.33

Correlation coefficients (r), p-values (p), coefficients for the linear equation (y = kx + m, presented as k/m) and leave-one-out interval (LOOI, min; max)

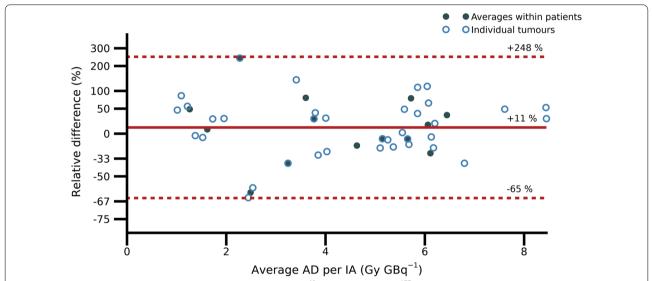


Fig. 5 Bland–Altman plot of tumour absorbed doses estimated from ⁶⁸Ga-PET images and ¹⁷⁷Lu SPECT. Quantification of the mean deviation (solid line) and the 95% coverage interval (dashed lines) was based on the average tumour absorbed doses for each patient (filled markers). The agreement for individual tumours is also indicated (open markers). The relative difference refers to the absorbed dose estimated from ⁶⁸Ga-PET over the absorbed dose estimated through peri-therapeutic imaging

be directly inferred that the therapeutic absorbed doses can be predicted for the individual patient. Based on the presented approach for prediction, using the ⁶⁸Ga-PET activity concentration combined with population-based effective half-lives for [¹⁷⁷Lu]Lu-DOTA-TATE for NETs, only rough estimates of the absorbed doses in the upcoming therapy are obtained (Fig. 5). Personalized treatment planning based on ⁶⁸Ga-PET imaging will thus require more elaborate approaches, such as the inclusion of pharmacokinetic modelling [46].

The poor agreement between absorbed dose estimates (Fig. 5) can partly be theoretically explained by the combination of a protracted therapeutic delivery and a measurement at 1 h p.i. [45]. As such, considerable dispersion is expected. However, in principle, the accuracy of a measurement method needs to be considered in

relation to the requirements for the application, and the results in Fig. 5 could then still be informative in cases when only a rough estimate is necessary. Apart from mathematical and biological considerations, different absorbed dose calculation methods are also used for the PET-based estimation compared to the peri-therapeutic dosimetry. However, the benefit of full Monte Carlo simulations compared with using local energy-deposition is typically small for ¹⁷⁷Lu [39, 47] and is not expected to be the major reason for the disagreement between the estimated values.

Among the organs, only spleen exhibits a significant correlation between the uptake of [⁶⁸Ga]Ga-DOTA-TATE and the absorbed dose in ¹⁷⁷Lu-PRRT (Fig. 2). For kidneys, considered the primary organ-at-risk for ¹⁷⁷Lu-PRRT, we see no significant relationship, one

Stenvall et al. EJNMMI Research (2022) 12:75 Page 12 of 15

possible reason being the co-administration of renal protective amino acids for [177Lu]Lu-DOTA-TATE. For liver parenchyma, the estimation of the activity concentration suffers from practical challenges for VOI definition. Although small VOIs have been applied there is a risk that tumour may have been included, both due to spillover from adjacent tumours in the images and due to microscopic disease. Whether or not a patient is on treatment with long-acting SSA has, in previous publications, been observed to affect the liver uptake of [68Ga]Ga-DOTA-TATE and only to a lesser degree the tumour uptake [20]. According to the same authors variable time intervals from the last SSA injection did not affect uptake. It is therefore unlikely that this factor contributed to the dispersion in data for the liver and the tumour-toliver ratio.

The stronger correlations obtained between the ⁶⁸Ga and ¹⁷⁷Lu activity concentrations, compared to the ¹⁷⁷Lu absorbed dose (Table 1) were expected. Absorbed dose depends on a combination of initial activity uptake and excretion, while the activity concentration measured in ⁶⁸Ga-PET at 1 h almost exclusively reflects the initial activity uptake. The uptake measured in ¹⁷⁷Lu-SPECT at 24 h is less affected by the excretion than the absorbed dose is, which reduces the variability relative to the activity concentration at 1 h, measured in ⁶⁸Ga-PET.

Of interest, our results provide no support for using different types of normalization of the ⁶⁸Ga activity concentration to improve the relationship to absorbed dose in ¹⁷⁷Lu-PRRT, neither with respect to normalization to body weight, i.e. calculation of SUV, nor with respect to a reference tissue. In this study, SUVs were calculated according to clinical practice, with no PVC applied, which may in part affect the correlations obtained. However, in relation to the ¹⁷⁷Lu absorbed dose, there is no theoretical reason to normalize the activity concentration to body weight. Even if the body size, as an indirect measure of the plasma volume, may affect the activity uptake, this will act the same for diagnostics and therapy. Normalization to a reference tissue can in principle be motivated to cancel differences between receptor-bound activity and activity in blood in different patients. However, in our data such normalizations only increase the dispersion. The practical difficulties associated with the estimation of activity concentration or SUV in blood or liver parenchyma from ⁶⁸Ga-PET images need to be emphasized. In a static ⁶⁸Ga-PET image, blood SUV is associated with large uncertainties as it requires the measurement of low activity concentrations, which, in addition to the associated statistical variation, puts great demands on the accuracy of compensations for scattered and random coincidences. Thus, we believe that from both a theoretical and a practical point of view, it is preferable to study the AC/IA directly rather than normalized variants thereof.

For the correlation analyses for kidneys, the sensitivity to individual data points, as revealed by the leave-one-out analysis, should be noted (Fig. 2 and Table 1). The correlations obtained are largely governed by one or two data points rather than reflecting a general trend, and the significant correlations should hence be interpreted cautiously. Similar instability was not found for tumours.

The analysis of tumour data is more complex than for organs because of the varying number of tumours per patient, for which independence cannot be assumed. For this reason, the problem of finding a relationship between the uptakes in ⁶⁸Ga-PET and the therapy is separated into two questions: 1) whether there is a relationship between patients when regarding the mean values for the tumours within each patient and 2) whether there is a relationship for the separate tumours within patients, following the methodology presented by Bland and Altman [40, 41]. Regarding the inter-patient analysis, a moderate correlation is obtained for the ¹⁷⁷Lu-AD/IA as a function of ⁶⁸Ga-AC/IA, while a stronger correlation is obtained for the ¹⁷⁷Lu-AC/IA. This indicates that there is a group-level relationship between the uptake in ⁶⁸Ga-PET and the ¹⁷⁷Lu absorbed dose. The intra-patient analysis shows similar results, where the relationship is weaker for ¹⁷⁷Lu-AD/IA than for ¹⁷⁷Lu-AC/IA. This indicates that there is a correlation also within individual patients, i.e. on average a high ⁶⁸Ga uptake for a separate tumour also corresponds to a high absorbed dose in subsequent 177 Lu-PRRT. The two analyses are complementary, and it is concluded that there are statistically significant, but moderately strong, correlations both intra- and inter-patient.

Two important limitations of this study are the low number of included patients and the relatively permissive inclusion criterion of a [68Ga]Ga-DOTA-TATE PET performed up to 20 weeks prior to PRRT. The patient population was, however, one of well-differentiated NET with a low Ki67-index, i.e. the likelihood of significant change in tumour volume over the given time interval is small. Furthermore, the actual median time from PET imaging to PRRT was 5 weeks, further reducing such a potential confounder. The dosimetry methods used in this study have been extensively validated in previous papers [27, 30, 31]. In principle, however, image-based dosimetry based on SPECT-only imaging would be preferable to the hybrid method used. Furthermore, the employed cutoff volume of 5 mL is of concern, partly because it reduces the number of included tumours, but also because it systematically excludes tumours with a certain characteristic which could theoretically lead to biased results. However, the uncertainties associated with estimated

Stenvall et al. EJNMMI Research (2022) 12:75 Page 13 of 15

volumes (Fig. 1) and activity concentrations of structures with dimensions close to the system spatial resolution are well known [31]. Thus, excluding the smallest tumours was considered necessary not to contaminate the results.

In summary, we find that there is a statistical relationship between tumour uptake at [68Ga]Ga-DOTA-TATE PET and absorbed dose to tumours in subsequent 177Lu-PRRT, but that this association is moderate at best. Given that previous studies have shown correlations of approximately the same strength, methodological differences notwithstanding, we believe that these moderate correlations reflect the actual strength of the relationship, rather than being a result of measurement uncertainties. Furthermore, we find no, or unstable, relationships for organs, except for spleen. Thus, at the group level there are relevant relationships between the uptake in [68Ga]Ga-DOTA-TATE PET and the upcoming ¹⁷⁷Lu-PRRT. However, to be able to practically use [68Ga]Ga-DOTA-TATE PET for absorbed dose planning at the individual level, more complex models are needed that take patient-specific factors into account, beyond simple univariate analyses.

Conclusion

On a group level, a higher tumour uptake of [⁶⁸Ga] Ga-DOTA-TATE as measured from PET images 1 h p.i. is associated with higher absorbed doses in subsequent therapy with [¹⁷⁷Lu]Lu-DOTA-TATE. On an individual level, the predictive power of absorbed dose estimates is limited. Correlations are not improved by using ⁶⁸Ga

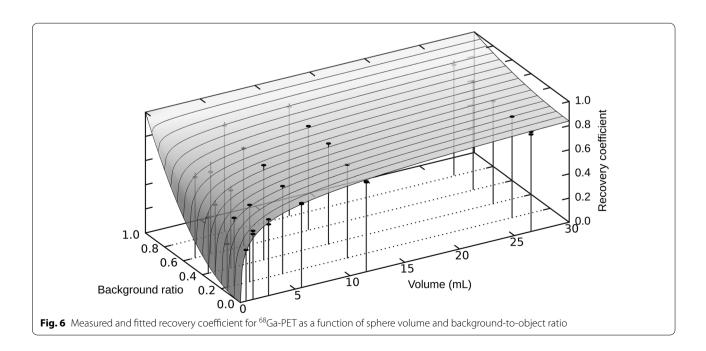
SUV or normalized SUVs compared with using activity concentration per injected activity.

Appendix

Figure 6 shows the RCs for ⁶⁸Ga-PET derived from phantom data, and the in the fit of Eq. 3 parametrized in terms of volume and background-to-object ratio.

Tumour activity quantification in patient PET images was made in a sequence of steps, developed to mitigate the effects of the contracted VOIs obtained from image segmentation. Generally, an erroneous image segmentation has two, positively correlated, effects on the estimated activity concentration [48]: a) the erroneous VOI affects the apparent activity concentration, and b) the error in the estimated volume propagates to an error in the estimated RC. Thus, for the patient PET images, if not corrected for, the erroneously small VOIs applied to the high-signal tumours would both lead to an increased apparent concentration and a falsely low RC (Eq. 3), together yielding a positive error in the estimated activity concentration. To mitigate both effects (a) and (b), the RC in Eq. 3 was recalculated to be applicable to the VOI with volume V_S .

This recalculation was made based on the combination of Eq. 1 and 3, and digital phantom-based modelling. For each tumour, $V_{\rm p}$ was calculated (Eq. 1) and a voxelized sphere constructed. This was placed in a background according to the estimated η . Effects of limited spatial resolution were modelled as a convolution with a Gaussian



Stenvall et al. EJNMMI Research (2022) 12:75 Page 14 of 15

point-spread function (PSF). The FWHM of this PSF was adapted to yield a recovery according to Eq. 3 using a minimization of the squared difference with a golden section search [49]. A spherical VOI was then defined, with volume V_s obtained from the Fourier surface segmentation, and an updated recovery coefficient, $R'(V_s, \eta)$, calculated. For determination of η in patient images, the background concentration was estimated as the mean activity concentration in a 3-voxel thick shell surrounding the tumour VOI, with a 2 cm spacing between the shell and the outer VOI edge in all directions. For a given volume, the values of R' and η were determined in an iterative fashion, where: i) the recovery was calculated for the current estimate of η , ii) R' was applied to obtain a corrected VOI activity concentration, iii) an updated value of η was calculated. Steps (i)-(iii) were repeated until η had stabilized. At application for tumour activity quantification in patient images, the factor $R'(V_s, \eta)$ was applied for RC.

Abbreviations

AC: Activity concentration; AD: Absorbed dose; CT: Computed tomography; FWHM: Full width at half maximum; IA: Injected activity; NET: Neuroendocrine tumour; PET: Positron emission tomography; p.i.: Post-injection; PRRT: Peptide receptor radionuclide therapy; PSF: Point spread function; PVC: Partial-volume correction; RC: Recovery coefficient; ROI: Region of interest; SPECT: Single photon emission computed tomography; SSA: Somatostatin analogue; SSTR: Somatostatin receptor; SUV: Standardized uptake value; VOI: Volume of interest.

Supplementary Information

The online version contains supplementary material available at https://doi.org/10.1186/s13550-022-00947-2.

Additional file 1: Volumes, SUVs, decay-corrected activity concentrations for ⁶⁸Ga and ¹⁷⁷Lu, and ¹⁷⁷Lu absorbed doses for tumours and organs considered in this paper.

Acknowledgements

The authors would like to thank Fanny Mörnsjö Centofanti and Paula Gluchowski for their help with the manual identification and delineation of the tumours.

Author contributions

ASt planned the study, acquired and compiled the data, and wrote the manuscript. JG planned the study, acquired the data, processed the images, carried out the statistical analysis, and wrote the manuscript. EL, LJ, and CH planned the study and acquired the data. DR planned the study, acquired the data, and wrote the manuscript. ASu planned the study and selected the patients. TO planned the study. KSG proposed the original idea, planned the study, acquired and compiled the data, carried out the statistical analysis, and wrote the manuscript. All authors read and approved the final manuscript.

Funding

Open access funding provided by Lund University. Economic support was granted by the Swedish Cancer Society (180747, 211754Pj01H) and Mrs. Berta Kamprad's Foundation (BKS-2020-13) (KSG).

Availability of data and materials

All data generated or analysed during this study are included in this published article and its Additional file 1.

Declarations

Ethics approval and consent to participate

Image data were obtained from two clinical trials, Iluminet (EudraCT No 2011–000240-16, Regionala etikprövningsnämnden Lund, Dnr 2011/287), Gapetto (EudraCT No 2012–004313-13, Regionala etikprövningsnämnden Lund, Dnr 2012/657). Complementary ethics approval was obtained for inclusion of patient data acquired after the closure of Gapetto (Etikprövningsmyndigheten Verksamhetsregion Lund, Dnr 2019–00564). Written informed consent for participation in the studies was obtained from all patients. All procedures performed were in accordance with the ethical standards of the institutional and national research committee and with the principles of the 1964 Declaration of Helsinki and its later amendments.

Consent for publication

All patients participating in the trials consented to their anonymized data being published in scientific journals prior to enrolment.

Competing interests

KSG has participated in research project funded by Fusion Pharmaceuticals Inc, Canada, which does not affect this study. TO has received consultancy fee from Spago Nanomedical AB, Sweden.

Author details

¹Medical Radiation Physics, Lund, Lund University, Lund, Sweden. ²Radiation Physics, Skåne University Hospital, Lund, Sweden. ³Division of Oncology, Department of Clinical Sciences, Lund, Lund University, Lund, Sweden. ⁴Department of Radiation Physics and Nuclear Medicine, Karolinska University Hospital, Stockholm, Sweden.

Received: 5 September 2022 Accepted: 6 December 2022 Published online: 19 December 2022

References

- Strosberg J, et al. Phase 3 trial of ¹⁷⁷Lu-dotatate for midgut neuroendocrine tumors. New Engl J Med. 2017;376:125–35.
- Kwekkeboom DJ, et al. Treatment with the radiolabeled somatostatin analog [1⁷⁷Lu-DOTA⁰, Tyr³] octreotate: Toxicity, efficacy, and survival. J Clin Oncol. 2008;26:2124–30.
- Bodei L, et al. Current concepts in ⁶⁸Ga-DOTATATE imaging of neuroendocrine neoplasms: interpretation, biodistribution, dosimetry, and molecular strategies. J Nucl Med. 2017;58:1718–26.
- Bozkurt MF, et al. Guideline for PET/CT imaging of neuroendocrine neoplasms with ⁶⁸Ga-DOTA-conjugated somatostatin receptor targeting peptides and ¹⁸F-DOPA. Eur J Nucl Med Mol I. 2017; 44:1588–601.
- Kratochwil C, et al. SUV of [68Ga]DOTATOC-PET/CT predicts response probability of PRRT in neuroendocrine tumors. Mol Imaging Biol. 2014;17:313–8.
- Ortega C, et al. Quantitative ⁶⁸Ga-DOTATATE PET/CT parameters for the prediction of therapy response in patients with progressive metastatic neuroendocrine tumors treated with ¹⁷⁷Lu-DOTATATE. J Nucl Med. 2021;62:1406–14.
- Ohlendorf F, et al. Volumetric ⁶⁸Ga-DOTA-TATE PET/CT for assessment of whole-body tumor burden as a quantitative imaging biomarker in patients with metastatic gastroenteropancreatic neuroendocrine tumors. Q J Nucl Med Mol Im, 2022; 66: 361–71
- Lee ONY, et al. The Role of ⁶⁸Ga-DOTA-SSA PET/CT in the management and prediction of peptide receptor radionuclide therapy response for patients with neuroendocrine tumors: a systematic review and metaanalysis. Clin Nucl Med;2022; 47: 81-93
- Laudicella R, et al. [⁶⁸Ga]DOTATOC PET/CT Radiomics to predict the response in GEP-NETs undergoing [¹⁷⁷Lu]DOTATOC PRRT: the "theragnomics" concept. Cancers, 2022;14: 984.
- Thuillier P, et al. Prognostic value of whole-body PET volumetric parameters extracted from ⁶⁸Ga-DOTATOC PET/CT in well-differentiated neuroendocrine tumors. J Nucl Med. 2022;63:1014–20.
- Ezziddin S, et al. Does the pretherapeutic tumor SUV in ⁶⁸Ga DOTATOC PET predict the absorbed dose of ¹⁷⁷Lu octreotate? Clin Nucl Med. 2012;37:e141–7.

Stenvall et al. EJNMMI Research (2022) 12:75 Page 15 of 15

- Krebs S, et al. Comparison of ⁶⁸Ga-DOTA-JR11 PET/CT with dosimetric ¹⁷⁷Lu-satoreotide tetraxetan (¹⁷⁷Lu-DOTA-JR11) SPECT/CT in patients with metastatic neuroendocrine tumors undergoing peptide receptor radionuclide therapy. Eur J Nucl Med Mol I. 2020; 47:3047–57.
- Hänscheid H, et al. PET SUV correlates with radionuclide uptake in peptide receptor therapy in meningioma. Eur J Nucl Med Mol I. 2012; 30-1284–8
- Peters SMB, et al. [⁶⁸Ga]Ga-PSMA-11 PET imaging as a predictor for absorbed doses in organs at risk and small lesions in [¹⁷⁷Lu]Lu-PSMA-617 treatment. Eur J Nucl Med Mol I. 2022; 49:1101–12.
- Haug AR, et al. ⁶⁸Ga-DOTATATE PET/CT for the early prediction of response to somatostatin receptor-mediated radionuclide therapy in patients with well-differentiated neuroendocrine tumors. J Nucl Med. 2010;51:1349–56.
- Ilan E, et al. Tumor-to-blood ratio for assessment of somatostatin receptor density in neuroendocrine tumors using ⁶⁸Ga-DOTATOC and ⁶⁸Ga-DOTA-TATE. J Nucl Med. 2020;61:217–21.
- 17. Boellaard R, et al. FDG PET/CT: EANM procedure guidelines for tumour imaging: version 2.0. Eur J Nucl Med Mol I 2015;42:328–354.
- Velikyan I, et al. Quantitative and qualitative intrapatient comparison of ⁶⁸Ga-DOTATOC and ⁶⁸Ga-DOTATATE: net uptake rate for accurate quantification. J Nucl Med. 2014;55:204–10.
- Sundlöv A, et al. Phase II trial demonstrates the efficacy and safety of individualized, dosimetry-based Lu-177-DOTATATE treatment of NET patients. Eur J Nucl Med Mol I. 2022;9:3830–40
- Gålne A, et al. A prospective observational study to evaluate the effects of long-acting somatostatin analogs on ⁶⁸Ga-DOTATATE uptake in patients with neuroendocrine tumors. J Nucl Med. 2019;60:1717–23.
- Kwekkeboom DJ, et al. [177Lu-DOTA^OTyr³]octreotate: comparison with [111In-DTPA^O]octreotide in patients. Eur J Nucl Med. 2001;28:1319–25.
- Frey EC, Tsui BMW. A new method for modeling the spatially-variant, object-dependent scatter response function in SPECT. 1996 IEEE Nuclear Science Symposium—Conference Record, 1996. 2: p. 1082–1086.
- Roth D, et al. Dosimetric quantities in neuroendocrine tumors over treatment cycles with ¹⁷⁷Lu-DOTA-TATE. J Nucl Med. 2022;63:399–405.
- Sjögreen K, Ljungberg M, Strand SE. An activity quantification method based on registration of CT and whole-body scintillation camera images, with application to ¹³¹I. J Nucl Med. 2002;43:972–82.
- Huizing DMV, et al. Multicentre quantitative ⁶⁸Ga PET/CT performance harmonisation. EJNMMI Phys. 2019;6:19.
- Bailey DL, et al. Accuracy of dose calibrators for ⁶⁸Ga PET imaging: unexpected findings in a multicenter clinical pretrial assessment. J Nucl Med. 2018;59:636–8.
- Sundlöv A, et al. Feasibility of simplifying renal dosimetry in ¹⁷⁷Lu peptide receptor radionuclide therapy. EJNMMI Phys. 2018;5:12.
- Bé M-M et al. Table of Radionuclides. Monographie BIPM-5. Vol. 2. 2004, Sévres, France: Bureau International des Poids et Mesures.
- 29. Bé M-M, et al. Table of radionuclides. Monographie BIPM-5. Vol. 7. 2013, Sévres, France: Bureau International des Poids et Mesures.
- Roth D, et al. A method for tumor dosimetry based on hybrid planar-SPECT/CT images and semiautomatic segmentation. Med Phys. 2018;45:5004–18.
- Gustafsson J, Sundlöv A, Sjögreen Gleisner K. SPECT image segmentation for estimation of tumour volume and activity concentration in ¹⁷⁷Lu-DOTATATE radionuclide therapy. EJNMMI Res 2017;7:p. 18.
- 32. Jönsson L, et al. Quantitative analysis of phantom studies of ¹¹¹In and ⁶⁸Ga imaging of neuroendocrine tumours. EJNMMI Phys. 2018;5:5.
- Svensson J, et al. Radiation exposure of the spleen during ¹⁷⁷Lu-DOTA-TATE treatment and its correlation with haematological toxicity and spleen volume. Ejnmmi Phys. 2016;3:15.
- Tran-Gia J, Lassmann M. Characterization of noise and resolution for quantitative ¹⁷⁷Lu SPECT/CT with xSPECT. Quant J Nucl Med. 2019;60:50–9.
- Ilan E, et al. Dose response of pancreatic neuroendocrine tumors treated with peptide receptor radionuclide therapy using ¹⁷⁷Lu-DOTATATE. J Nucl Med. 2015;56:177–82.
- Markwardt CB. Non-linear least-squares fitting in IDL with MPFIT. In Astronomical Data Analysis Software and Systems XVIII. 2008.
- Bielajew AF, Rogers DWO. PRESTA: the parameter reduced electron-step transport algorithm for electron Monte-Carlo transport. Nucl Instrum Methods B. 1987;18:165–81.

- Ljungberg M, et al. A 3-dimensional absorbed dose calculation method based on quantitative SPECT for radionuclide therapy: Evaluation for ¹³¹I using Monte Carlo simulation. J Nucl Med. 2002;43:1101–9.
- Sjögreen Gleisner K, et al. EANM dosimetry committee recommendations for dosimetry of 177Lu-labelled somatostatin-receptor- and PSMA-targeting ligands. Eur J Nucl Med Mol I. 2022; 49:1778–809.
- Bland JM, Altman DG. Calculating correlation coefficients with repeated observations: part 2—correlation between subjects. Br Med J. 1995;310:633–633.
- Bland JM, Altman DG. Calculating correlation coefficients with repeated observations: part 1—correlation within subjects. Br Med J. 1995;310:446–446.
- 42. Jahn U, et al.. Peptide Receptor Radionuclide Therapy (PRRT) with ¹⁷⁷Lu-DOTATATE; differences in tumor dosimetry, vascularity and lesion metrics in pancreatic and small intestinal neuroendocrine neoplasms. Cancers, 2021: 13: 962
- 43. Pauwels S, et al. Practical dosimetry of peptide receptor radionuclide therapy with Y-90-labeled somatostatin analogs. J Nucl Med. 2005;46:92s–8s.
- Eberlein U, Cremonesi M, Lassmann M. individualized dosimetry for theranostics: Necessary, nice to have, or counterproductive? J Nucl Med. 2017;58(Suppl 2):97S-103S.
- Gustafsson J, Taprogge J. Theoretical aspects on the use of single-timepoint dosimetry for radionuclide therapy, Phys Med Biol. 2022;67: 025003.
- Jiménez-Franco LD, et al. Treatment planning algorithm for peptide receptor radionuclide therapy considering multiple tumor lesions and organs at risk. Med Phys. 2018;45:3516–23.
- Ljungberg M, Sjögreen-Gleisner K. The accuracy of absorbed dose estimates in tumours determined by Quantitative SPECT: a Monte Carlo study. Acta Oncol. 2011;50:981–9.
- Gear JI, et al. EANM practical guidance on uncertainty analysis for molecular radiotherapy absorbed dose calculations. Eur J Nucl Med Mol I. 2018: 45:2456–74.
- Press WH, et al. Golden section search in one dimension. In: Numerical recipes in Fortran 77: the art of scientific computing. Cambridge: Cambridge University Press; 1992. p. 390–5.

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Submit your manuscript to a SpringerOpen journal and benefit from:

- ► Convenient online submission
- ► Rigorous peer review
- ▶ Open access: articles freely available online
- ► High visibility within the field
- ▶ Retaining the copyright to your article

Submit your next manuscript at ▶ springeropen.com