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Evaluating the biodistribution for [⁶⁸Ga]Ga-PSMA-11 and [¹⁸F]F-PSMA-1007 PET/CT with an inter- and inpatient based analysis

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Abstract

Background Liver uptake in [⁶⁸Ga]Ga-PSMA-11 PET is used as an internal reference in addition to clinical parameters to select patients for [¹⁷⁷Lu]Lu-PSMA-617 radioligand therapy (RLT). Due to increased demand, [⁶⁸Ga]Ga-PSMA-11 was replaced by [¹⁸F]F-PSMA-1007, a more lipophilic tracer with different biodistribution and splenic uptake was suggested as a new internal reference. We compared the intra-patient tracer distribution between [⁶⁸Ga]Ga-PSMA-11 and [¹⁸F]F-PSMA-1007.

Methods Fifty patients who underwent PET examinations in two centers with both [¹⁸F]F-PSMA-1007 and [⁶⁸Ga]Ga-PSMA-11 within one year were included. Mean standardized uptake values (SUV_{mean}) were obtained for liver, spleen, salivary glands, blood pool, and bone. Primary tumor, local recurrence, lymph node, bone or visceral metastasis were also assessed for intra- and inter-individual comparison.

Results Liver SUV_{mean} was significantly higher with [¹⁸F]F-PSMA-1007 (11.7 ± 3.9) compared to [⁶⁸Ga]Ga-PSMA-11 (5.4 ± 1.7, *p* < .05) as well as splenic SUV_{mean} (11.2 ± 3.5 vs. 8.1 ± 3.5, *p* < .05). The blood pool was comparable between the two scans. Malignant lesions did not show higher SUV_{mean} on [¹⁸F]F-PSMA-1007. Intra-individual comparison of liver uptake between the two scans showed a linear association for liver uptake with SUV_{mean} [⁶⁸Ga]Ga-PSMA-11 = 0.33 × SUV_{mean} [¹⁸F]F-PSMA-1007 + 1.52 (*r* = .78, *p* < .001).

Conclusion Comparing biodistribution of [⁶⁸Ga]Ga and [¹⁸F]F tracers, liver uptake on [⁶⁸Ga]Ga-PSMA-11 PET is the most robust internal reference value. Liver uptake of [¹⁸F]F-PSMA-1007 was significantly higher, but so was the splenic uptake. The strong intra-individual association of hepatic accumulation between the two scans may allow using of a conversion factor for [¹⁸F]F-PSMA-1007 as a basis for RLT selection.

Keywords Radioligand therapy, PSMA-PET/CT, Therapy selection, Liver uptake, F18-PSMA-1007, Ga68-PSMA-11

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Introduction

Despite excellent diagnostic tools for prostate cancer imaging and availability of several effective therapy options, metastatic castration-resistant prostate cancer (mCRPC) is associated with a poor prognosis [1, 2]. Internal radioligand therapy (RLT) is an exciting development in the field of prostate cancer treatment and has become increasingly important over the past five years. With phase II and III trials of RLT targeting prostate-specific membrane antigen (PSMA) with [^{177}Lu]Lu-PSMA-617 in mCRPC patients showing positive results, RLT is now an approved therapeutic option for those who progress after chemotherapy [3, 4]. For this VISION trial, patients were selected according to the therapeutic concept using [^{68}Ga]Ga-PSMA-11 PET/CT in addition to clinical parameters [3]. Eligible patients had to be free of suspicious lesions with a [^{68}Ga]Ga-PSMA uptake equal to or less than that of the liver parenchyma and have at least one lesion that absorbed more tracer than the liver. The Australian TheraP trial also used a combination of [^{68}Ga]Ga-PSMA-11 and [^{18}F]-FDG PET/CT for patient selection [4]. Therefore, all randomized phase II/III studies to date have evaluated PSMA distribution based on [^{68}Ga]Ga-PSMA-11.

[^{68}Ga] is a generator product with a maximum of two to three doses per elution, reducing the potential quantity of examinations. The relatively short half-life of 68 minutes further limits the geographic distribution. The increased demand for PSMA imaging quickly led to a massive shortage. An alternative was sought and found in [^{18}F]F-based tracers such as [^{18}F]F-PSMA-1007. Their longer half-life (109 min), the higher production capacity in the cyclotron (up to 20 doses per production) and the better properties of [^{18}F]F compared to [^{68}Ga]Ga led to a switch to [^{18}F]F-PSMA-1007 in many institutions in Switzerland. Another advantage of [^{18}F]F-PSMA-1007 for the detection of local recurrences is a slightly different biodistribution compared to [^{68}Ga]Ga-PSMA-11: the tracer is excreted hepatically rather than renally [5]. This feature may have better diagnostic efficacy for detecting local recurrence in the bladder area [6, 7]. On the other hand, it reduces the detection of liver metastases due to the significantly higher liver background and has an increased incidence of indeterminate findings (e.g. unspecific bone uptake) [8–10]. Nevertheless, the use of [^{18}F]F-PSMA-1007 for patient selection in [^{177}Lu]Lu-PSMA-617 RLT remains a topic of ongoing debate in clinical practice.

The purpose of this retrospective bicentric study was to determine whether the uptake of [^{18}F]F-PSMA-1007 in the spleen approximates the activity of [^{68}Ga]Ga-PSMA-11 in the liver of the same patient and can thus be used as an internal surrogate reference for therapy selection. In addition, we wanted to evaluate

whether the salivary glands could alternatively serve as a more robust reference organ.

Methods

Study design and population

In this retrospective bicentric study, we included 50 patients from two centers (Center I and Center II) who underwent [^{68}Ga]Ga-PSMA-11 PET/CT and [^{18}F]F-PSMA-1007 PET/CT scans between December 2018 and April 2023. Patients who underwent both scans were included regardless of indication and tumor stage. From the entire cohort, 50 patients with the shortest time interval between [^{68}Ga]Ga-PSMA-11 PET/CT and [^{18}F]F-PSMA-1007 PET/CT were selected as study population. In cases of poor image quality or tracer extravasation, patients were excluded from the study and replaced to achieve the final sample size of 50 patients. The study flow chart is shown in Fig. 1.

The following patient information was collected: age, weight, injected tracer dose, and PSA levels not older than four weeks at the time of PSMA-PET. The indications for the PSMA PET scans were also recorded (staging, biochemical recurrence, response assessment).

The study was conducted in accordance with ICH-GCP guidelines and the Declaration of Helsinki. Informed consent was obtained from all patients and the protocol was approved by the local ethics committee (KEK 2023–00812).

Imaging protocols

PSMA-PET/CT was performed using a Discovery MI scanner (GE Healthcare, Waukesha, WI), Discovery 690 Standard scanner (GE Healthcare), Discovery VCT scanner (GE Healthcare), Discovery ST scanner (GE Healthcare), or Siemens Biograph mCT Flow (Siemens Healthineers, Munich, Germany). The injected dose was 3–4 MBq/kg for [^{18}F]F-PSMA-1007 and 2–3 MBq/kg for [^{68}Ga]Ga-PSMA-11 at both centers. The maximum injected dose was not more than 350 MBq. The uptake time was 60 min for [^{68}Ga]Ga-PSMA-11 and 90 min for [^{18}F]F-PSMA-1007 at both centers.

Image analysis

Image analysis was performed centrally by a nuclear medicine physician using standardized volumes of interest (VOIs) for different organs placed within physiological uptake. Standardized uptake values (SUV) such as SUV_{max} and SUV_{mean} were obtained for liver, spleen, salivary glands, blood pool and bone. Blood pool values were measured in the ascending aorta and bone values were measured in the fifth lumbar vertebra. An example of the measurement is shown in Fig. 2. If present, additional VOIs were placed over the primary tumor, the site of local recurrence, or the most active lymph node, bone,

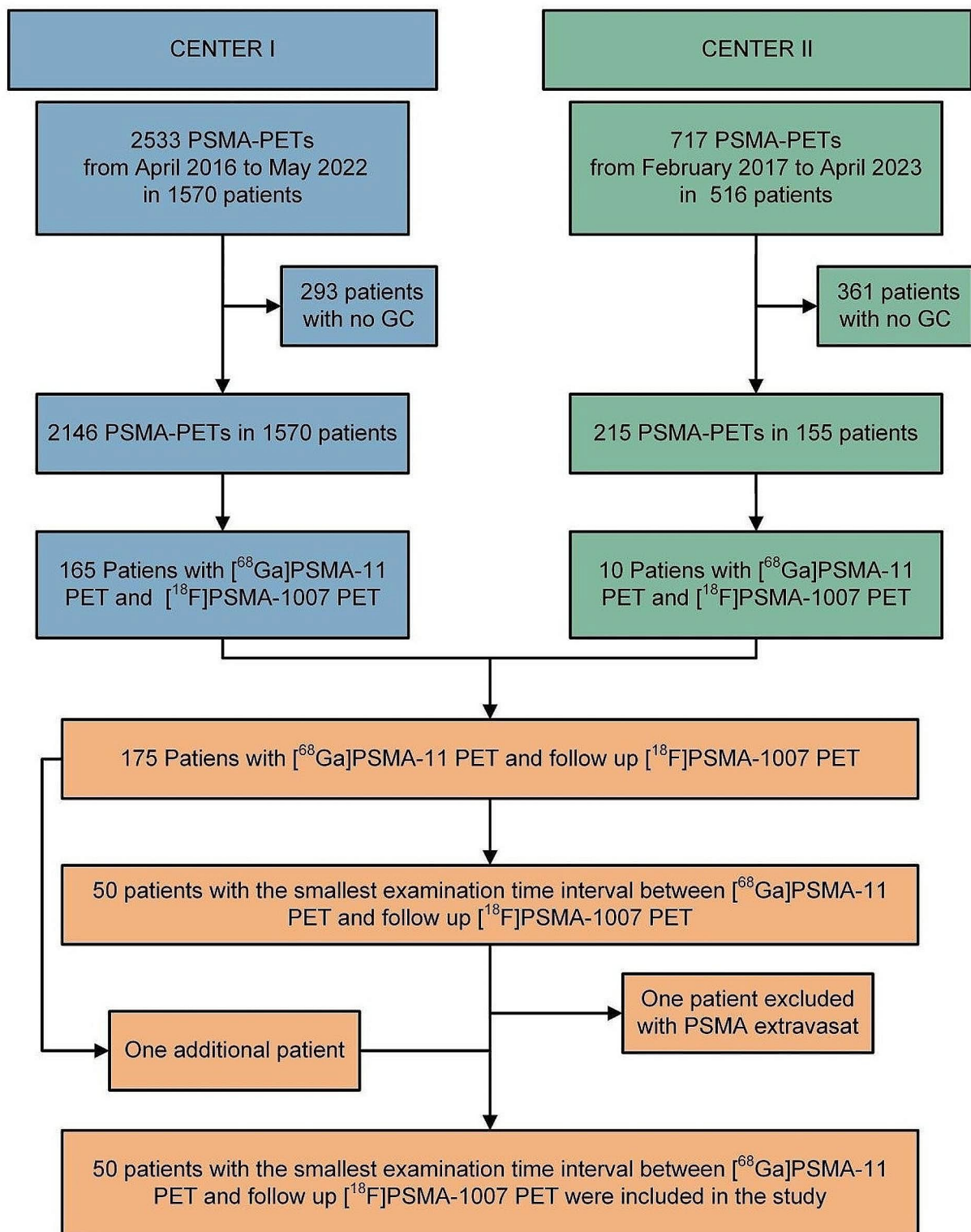


Fig. 1 Study flow chart. GC, general consent

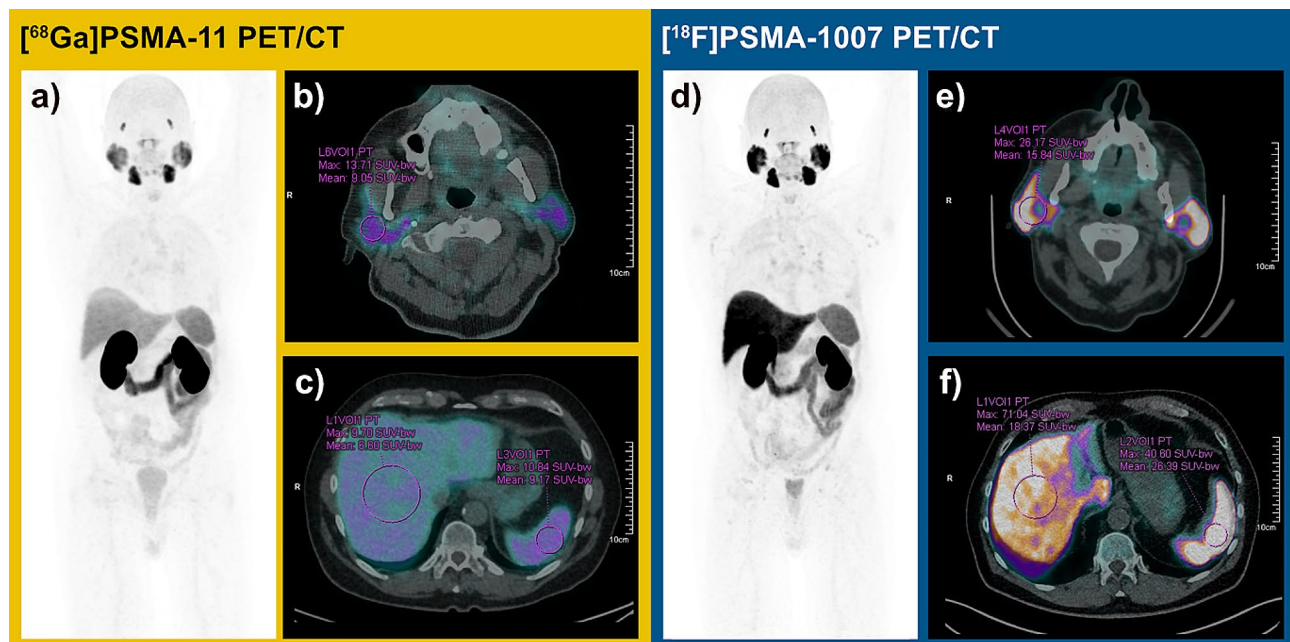


Fig. 2 Illustration of one patient with both $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ PET/CT and $[^{18}\text{F}]\text{F-PSMA-1007}$ PET/CT examinations within twelve months for rising PSA (PSA 10 ng/ml in $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ PET/CT and PSA 13 ng/ml in $[^{18}\text{F}]\text{F-PSMA-1007}$ PET/CT). (a) Whole-body maximum intensity projection (MIP) image in $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ PET with (b) SUV measurement in the salivary gland and (c) in the liver parenchyma in axial fused $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ PET/CT. (d) MIP image in $[^{18}\text{F}]\text{F-PSMA-1007}$ PET. (e) SUV measurement in the parotid gland and (f) in liver parenchyma in axial fused $[^{18}\text{F}]\text{F-PSMA-1007}$ PET/CT

or visceral metastasis to measure SUV_{max} . To exclude a significant reduction in normal uptake due to large tumor volumes as described by Gafita et al., we measured PSMA volume using an absolute threshold at SUV 4.0 in all patients with multiple or large lesions [11].

Statistical analysis

Continuous variables were summarised as median and interquartile range (IQR) or mean and standard deviation (SD), whereas categorical variables were presented as counts and percentages. Normality of variables was assessed using the D'Agostino-Pearson test. Depending on the distribution of the variables, paired / unpaired samples t-tests or rank sum tests were used to compare the data sets. Waterfall plots and Bland-Altman plots were used for distribution analysis of SUV_{mean} in different organs. For Bland-Altman plots, limits of agreement (BA-LA) and bias were calculated. Statistical analyses were performed for different anatomical regions: liver, spleen, salivary glands, blood and bone. The aim was to explore potential systematic differences in SUV_{mean} values between two tracers within different organs. Linear mixed models were used with SUV_{mean} as the response variable and the tracers as predictors. To account for the inherent variability within patients, a random intercept for each patient ID was added to the models. This adjustment effectively fit the models with a paired t-test, while allowing the intraclass correlation coefficient (ICC) to be examined. This coefficient, represents the ratio of

random intercept variance to total residual variance and elucidates the proportion of residual variance attributable to patient-specific factors. Graphical analysis of the residual distributions revealed variance homogeneity. To assess unequal variances between tracers, Levene tests were performed on the SUV_{mean} values for each organ system. To derive a correction value, a simple linear regression was performed on the $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ values (response) and $[^{18}\text{F}]\text{F-PSMA-1007}$ SUV_{mean} values (predictor) specifically for the liver SUV_{mean} data, with a Tukey-Anscombe plot for residual analysis. For all hypothesis tests an alpha of 0.05 was used.

Statistical analysis was performed with R (version 4.3.2, R Foundation for Statistical Computing) and MedCalc Statistical Software version 19.1 (MedCalc Software bv, Ostend, Belgium).

Results

Patient characteristics

Patient characteristics are presented in Table 1. No significant difference between weight ($p=.888$), and PSA value ($p=.321$) was found in the $[^{18}\text{F}]\text{F-PSMA-1007}$ and $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ cohorts. As most patients received the $[^{18}\text{F}]\text{F-PSMA-1007}$ after the $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ scan, the age was significantly higher in the $[^{18}\text{F}]\text{F-PSMA-1007}$ cohort. The median PSA level was 3.1 ng/mL in both cohorts. The mean injected dose was 239 MBq (IQR 208–265 MBq) for $[^{18}\text{F}]\text{F-PSMA-1007}$ PET and 141 MBq (IQR 121–154 MBq) for

Table 1 Patient characteristics

Patient characteristics	⁶⁸ Ga]Ga-PSMA-11 median (IQR)	[¹⁸ F]F-PSMA-1007 median (IQR)	p-value
age [y]	74.0 (67.0–77.0)	75.0 (68.0–77.9)	< 0.05
weight [kg]	85.0 (75.0–98.0)	82.5 (72.0–98.0)	0.888
dose [MBq]	140.5 (121.0–153.6)	239.0 (208.0–265.0)	< 0.05
PSA [ng/ml]	3.1 (0.9–11.0)	3.1 (0.6–11.6)	0.312

Prostate specific Antigen (PSA).

Table 2 Indications for PSMA-PET

PSMA-PET indications	⁶⁸ Ga]Ga-PSMA-11 n (%)	[¹⁸ F]F-PSMA-1007 n (%)
staging	7 (14)	0
biochemical recurrence	42 (84)	49 (98)
post-treatment response	1 (2)	1 (2)

Table 3 Physiological PSMA uptake (SUV_{mean}) for liver, spleen, salivary glands, blood pool or bone

Organ	SUV _{mean} [⁶⁸ Ga]Ga-PSMA-11 mean ± SD	SUV _{mean} [¹⁸ F]F-PSMA-1007 mean ± SD	p-value
liver	5.4 ± 1.7	11.7 ± 3.9	< 0.05
spleen	8.1 ± 2.5	11.2 ± 3.5	< 0.05
salivary glands	17.2 ± 5.9	19.11 ± 6.2	< 0.05
blood pool	1.2 ± 0.3	1.3 ± 0.4	0.153
bone	0.5 ± 0.2	0.9 ± 0.5	< 0.05

[⁶⁸Ga]Ga-PSMA-11 PET. The clinical indications for [⁶⁸Ga]Ga-PSMA-11 PET and [¹⁸F]F-PSMA-1007 PET are shown in Table 2. The mean time interval between the corresponding [⁶⁸Ga]Ga-PSMA-11 PET and [¹⁸F]F-PSMA-1007 PET was 8.9 ± 3.2 months. In seven patients a [⁶⁸Ga]Ga-PSMA-11 was performed for staging, followed with a [¹⁸F]F-PSMA-1007 for PSA persistence after a mean time of 7.4 ± 2.7 months. Forty-three patients received both PSMA PET scans for biochemical recurrence with a mean time of 9.2 ± 3.2 months between. In one patient, the second PSMA PET scan was performed to assess post-treatment response at an interval of 12.0 months.

Distribution of physiological PSMA uptake in different organs

SUV_{mean} for liver, spleen, salivary gland and bone were significantly higher with [¹⁸F]F-PSMA-1007 PET compared to [⁶⁸Ga]Ga-PSMA-11 PET ($p < .05$). Only the SUV_{mean} for the blood pool showed no significant difference ($p < .153$). The results are shown in Table 3. The splenic uptake of [¹⁸F]F-PSMA-1007 in the same patient, is significantly higher than the hepatic uptake of [⁶⁸Ga]Ga-PSMA-11 ($p < .0001$). In Fig. 3, the measured SUV values (SUV_{max} and SUV_{mean}) are graphically shown in violin plots with lines connecting measures from one patient. The waterfall plots in Fig. 4 show the interpatient variability for all organs for both [⁶⁸Ga]Ga-PSMA-11

PET and [¹⁸F]F-PSMA-1007 PET. Correlation analysis using Bland-Altman plots with Limits of Agreement (BA-LA) [⁶⁸Ga]Ga-PSMA-11 PET as the reference standard and the variation of [¹⁸F]F-PSMA-1007 revealed for liver (BA-LA -0.7 to -11.8, bias of -6.3), spleen (BA-LA 0.7 to -6.8), salivary gland (BA-LA 7.5 to 11.3, bias of -1.9), bone (0.6 to -0.8, bias of -0.07) and blood pool (0.41 to -1.09, bias of -0.34) (Supplement 1). Random intercept/interindividual heterogeneity analysis shows that SUV_{means} for spleen and salivary gland are much more patient-dependent (Supplement 2). The intraclass correlation coefficient was 56% for liver, 81% for spleen, 69% for salivary gland, 50% for blood pool and 47% for bone. Levene tests revealed significantly higher variances for the SUV_{mean} in the [¹⁸F]F-PSMA-1007 group compared to the [⁶⁸Ga]Ga-PSMA-11 PET group for liver (15.37, 2.79, $p < .01$), spleen (12.28, 6.33, $p < .05$), blood (0.18, 0.06, $p < .01$), and bone (0.22, 0.06, $p < .001$).

Only three patients had extensive disease with a volume of more than 530 ml, two of them extensive on both scans, one patient only on [¹⁸F]F-PSMA-1007 PET. Thus a systemic underestimation of normal uptake due to a tumor sink effect can be excluded in this cohort.

Regression analysis between [⁶⁸Ga]Ga-PSMA-11 PET and [¹⁸F]F-PSMA-1007 PET for liver uptake

There was a high correlation between [⁶⁸Ga]Ga-PSMA-11 PET and [¹⁸F]F-PSMA-1007 on an intra-patient basis ($p < .001$). A linear regression model allows the calculation of a conversion factor for SUV_{mean} liver values between [⁶⁸Ga]Ga-PSMA-11 PET and [¹⁸F]F-PSMA-1007 PET: SUV_{mean} [⁶⁸Ga]Ga-PSMA-11 = 0.33 × SUV_{mean} [¹⁸F]F-PSMA-1007 + 1.52 ($r = .78$, $p < .001$) (Fig. 5a). The Graphical analysis of residuals showed an acceptable residual distribution (Fig. 5b).

[⁶⁸Ga]Ga-PSMA-11 and [¹⁸F]F-PSMA-1007 uptake in malignant lesions

On [⁶⁸Ga]Ga-PSMA-11 PET, 19 (38%) patients had PSMA-positive primary/local recurrence, 26 (52%) had PSMA-positive lymph node metastases, and 13 (26%) had PSMA-positive bone metastases. With [¹⁸F]F-PSMA-1007, 19 (38%) patients had PSMA-positive primary / local recurrence, 29 (58%) had PSMA-positive lymph node metastases and 19 (38%) had PSMA-positive bone metastases. There was no difference between the SUV_{max} of the hottest malignant lesions (primary/local recurrence, lymph node metastases, bone metastases) between the two tracers. These results are shown in Table 4. The distribution of the SUV_{max} is shown in violin plots (Fig. 6). Visceral metastases were present in three patients (6%) on the [⁶⁸Ga]Ga-PSMA-11 PET and in four patients (8%) on the [¹⁸F]F-PSMA-1007 PET scans.

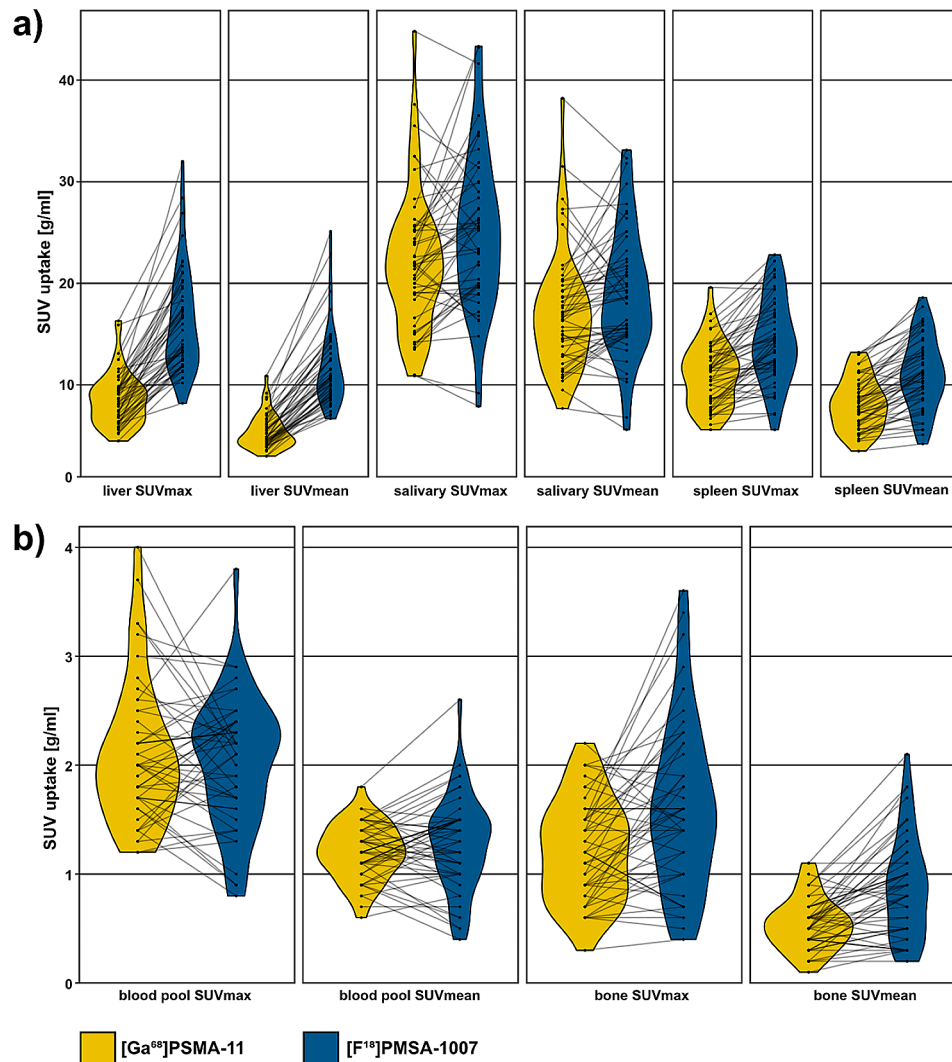


Fig. 3 Violin plots of physiological tracer uptake (SUV_{mean} and SUV_{max}) in the corresponding $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ PET and $[^{18}\text{F}]\text{F-PSMA-1007}$ PET for (a) liver, spleen and salivary glands and (b) for blood pool and bone

Discussion

The present study was a retrospective comparison of the intra-patient tracer distribution between $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ and $[^{18}\text{F}]\text{F-PSMA-1007}$. The study confirmed the expected significant higher hepatic uptake for $[^{18}\text{F}]\text{F-PSMA-1007}$ compared to $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ due to its higher lipophilicity, leading to hepatic excretion. We also showed that within the same patient, the splenic uptake of $[^{18}\text{F}]\text{F-PSMA-1007}$ is significantly higher than the hepatic uptake of $[^{68}\text{Ga}]\text{Ga-PSMA-11}$.

Replacing the liver by the spleen as internal reference for $[^{177}\text{Lu}]\text{Lu-PSMA-617}$ RLT enrollment could therefore lead to a shift in patient selection. Furthermore, the inter-individual range of splenic uptake is higher for both $[^{18}\text{F}]\text{F-PSMA-1007}$ and $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ compared to hepatic PSMA-uptake. This may be one of the reasons why Seifert et al. excluded 42% of patients in a cohort

with either $[^{18}\text{F}]\text{F-PSMA-1007}$ or $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ scans based on VISION trial selection criteria for patients scanned with $[^{18}\text{F}]\text{F-PSMA-1007}$ using the spleen as internal reference [12]. The higher SUV_{mean} of the internal reference organ spleen in $[^{18}\text{F}]\text{F-PSMA-1007}$ may shift patients away from $[^{177}\text{Lu}]\text{Lu-PSMA-617}$ RLT compared to the drop-out rate of only 13% in the VISION study based on hepatic uptake in $[^{68}\text{Ga}]\text{Ga-PSMA-11}$. Whether this leads to a similar patient selection as the cut-off used in $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ studies has never been tested systematically. The internal reference value for liver uptake with $[^{18}\text{F}]\text{F-PSMA-1007}$ would exclude a large number of patients from RLT who would likely be included with $[^{68}\text{Ga}]\text{Ga-PSMA-11}$. Other authors have compared physiological uptake in 14 individuals with PSA recurrence using both $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ and $[^{18}\text{F}]\text{F-DCFPyL}$ PET/CT, showing a marginal increase in

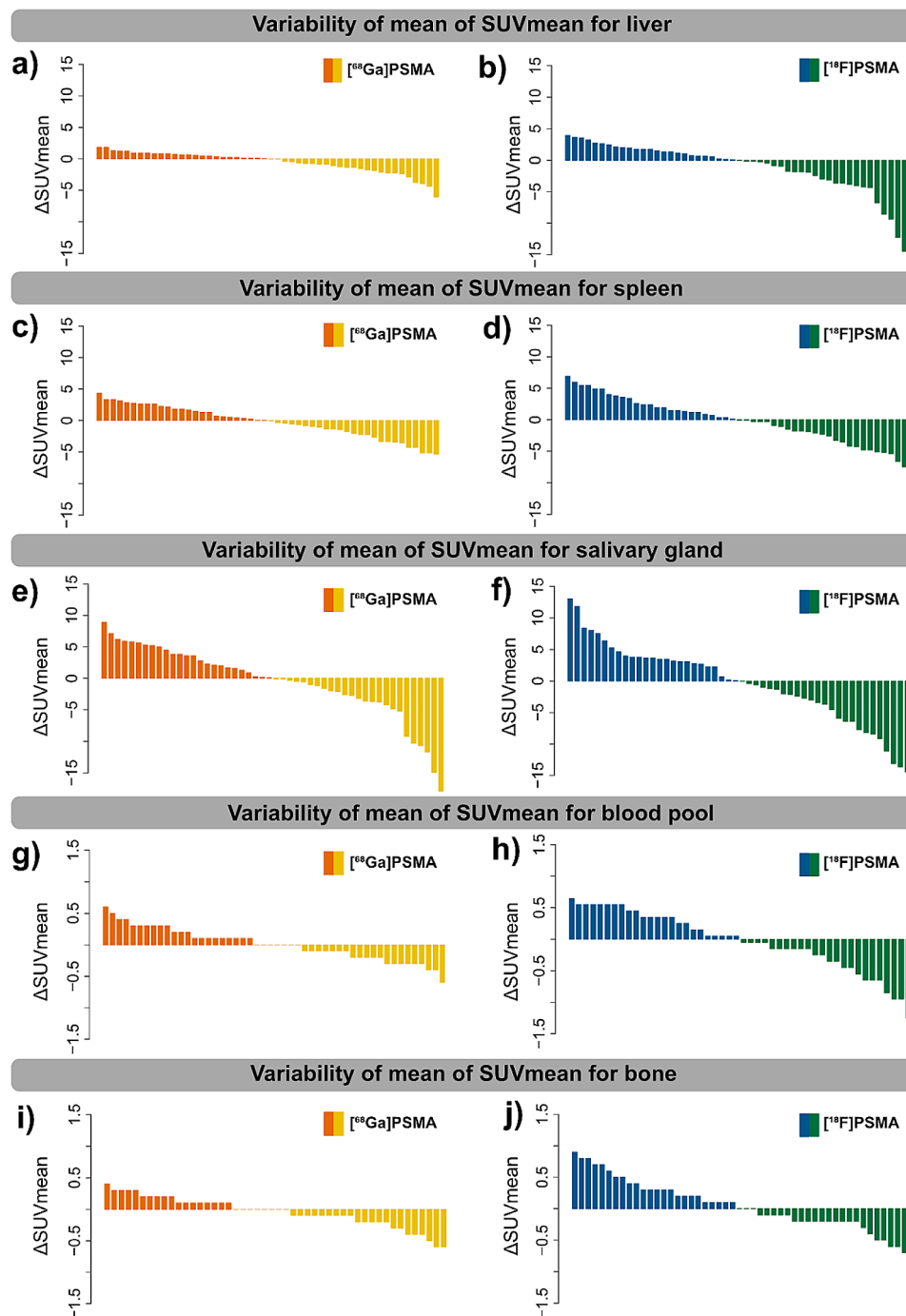


Fig. 4 Illustration of the heterogeneity of tracer uptake between patients for normal organs with waterfall plots, showing the difference between the SUV_{mean} value for each patient and the averaged SUV_{mean} of the cohort, for ^{68}Ga Ga-PSMA-11 PET and ^{18}F F-PSMA-1007 PET, respectively (a) and (b) for the liver, (c) and (d) for the spleen, (e) and (f) for the salivary gland, (g) and (h) for the blood pool, (i) and (j) for the bone

liver parenchymal uptake with ^{18}F F-DCFPyL (SUV_{mean} 6.2 vs. 5.1, $p = .005$) [6].

Some studies have suggested using the salivary glands as an internal reference, but also based on ^{68}Ga Ga-PSMA-11 images, reporting that patients in whom more than 80% of the lesions have uptake higher than the salivary glands benefit from treatment [13].

Notably, salivary gland uptake showed better overall comparability between the two tracers; however, it exhibited the highest intra- and inter-individual variability of all examined organs. This may limit the use of the proposed salivary gland score as a robust internal reference [13]. However, the use of ^{18}F F-PSMA-1007 in clinical practice for patient selection in ^{177}Lu Lu-PSMA-617

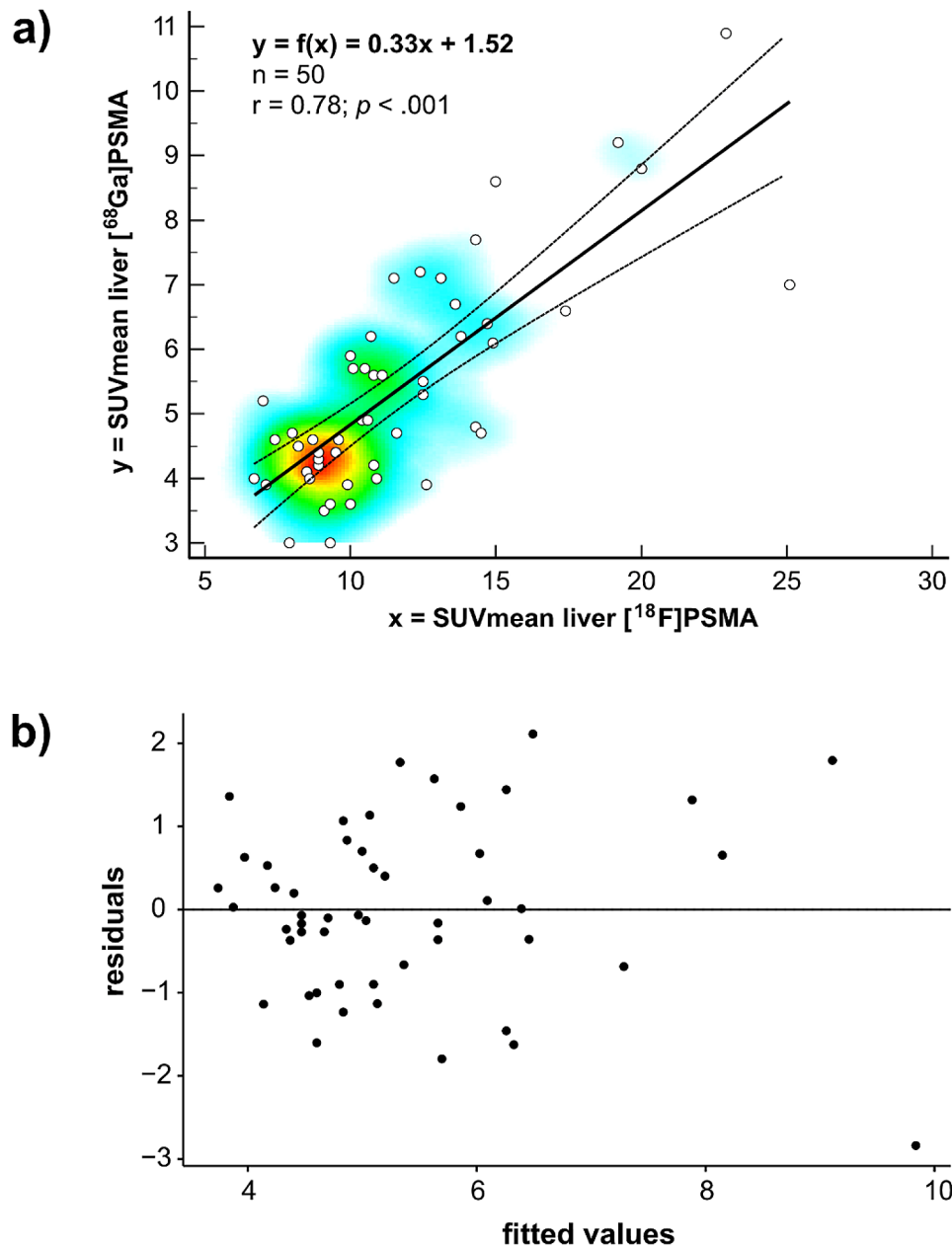


Fig. 5 Correlation and regression between SUV_{mean} liver uptake on corresponding $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ PET and $[^{18}\text{F}]\text{F-PSMA-1007}$ PET. **(a)** Linear regression model allows to calculate the correlation between SUV_{mean} liver values for $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ PET and $[^{18}\text{F}]\text{F-PSMA-1007}$ PET with the following formula: $SUV_{mean}[^{68}\text{Ga}]\text{Ga-PSMA-11} = 0.33 \times SUV_{mean}[^{18}\text{F}]\text{F-PSMA-1007} + 1.52$ ($r = .78, p < .001$). **(b)** Tukey-Anscom plot for residual analysis showing no systematic bias and narrow limits of agreement

Table 4 Pathological PSMA uptake (SUV_{max}) for primary tumor / local recurrence, and the most active metastasis

Malignant lesions	SUV_{max} $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ mean \pm SD	SUV_{max} $[^{18}\text{F}]\text{F-PSMA-1007}$ mean \pm SD	p-value
primary tumor / local recurrence	23.5 \pm 19.0	28.9 \pm 29.7	0.343
lymph node metastasis	32.1 \pm 20.3	22.9 \pm 18.2	0.484
bone metastasis	16.2 \pm 10.6	13.6 \pm 8.9	0.646

RLT is still under discussion. A comprehensive graphical representation of the main study results is shown in Fig. 7.

To determine the potential influence of increased tumor volume on conventional tracer distribution in the present study, we quantified tumor volume. Only three patients were classified as having high-volume disease, defined as greater than 530 ml according to the criteria of Gafita et al. [11].

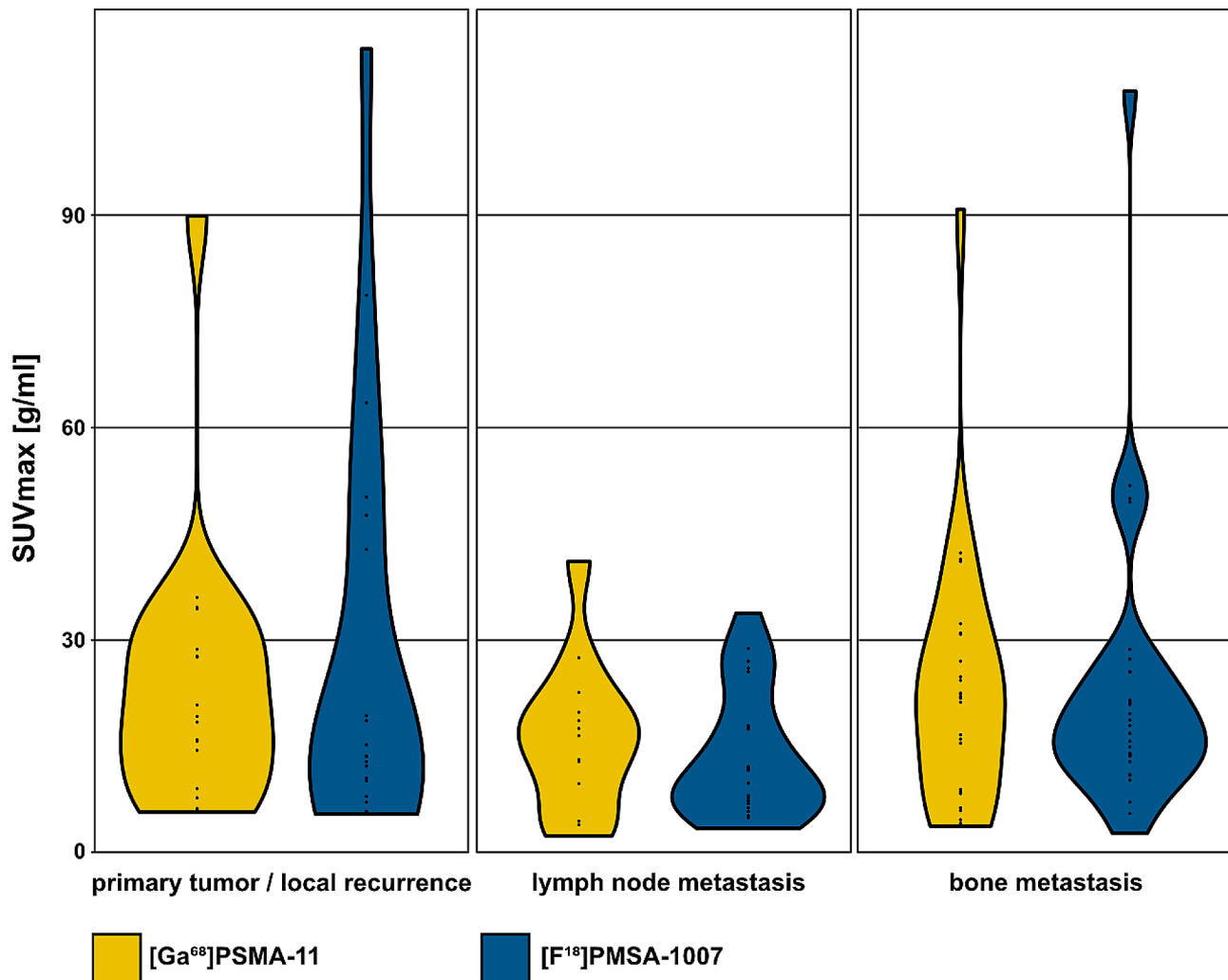


Fig. 6 Violin plots of PSMA uptake (SUV_{max}) in malignant lesions in $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ PET and $[^{18}\text{F}]\text{F-PSMA-1007}$ PET for primary tumors / local recurrences, lymph node metastasis and bone metastasis. This is not an intra-lesion comparison with the same lesions on both scans, but just giving an overview of uptake distribution for malignant lesions for both scans. No difference between uptake for $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ PET and $[^{18}\text{F}]\text{F-PSMA-1007}$ PET was found ($p < .05$)

Although direct intra-lesion comparisons were not performed, the SUV_{max} of the most PSMA-active malignant PCA lesions showed comparability between the two scans. In particular, there was no evidence of generalized increased $[^{18}\text{F}]\text{F-PSMA-1007}$ accumulation in primary tumors, local recurrences, lymph nodes or bone metastases. This observation differs from the prospective intra-individual analysis performed by Pattison et al., who reported a significantly higher uptake of $[^{18}\text{F}]\text{F-PSMA-1007}$ in lymph nodes (mean SUV_{max} 11.1 vs. 8.7) [14]. However, our results are consistent with their observation that PSMA uptake in bone metastases was similar (mean SUV_{max} 30.9 vs. 30.7) [14].

Both $[^{68}\text{Ga}]\text{Ga-PSMA-11}$ and $[^{18}\text{F}]\text{F-PSMA-1007}$ PET tracers are commonly used, depending on considerations such as local accessibility, practicality, imaging quality, and the specific clinical context. In

particular, $[^{18}\text{F}]\text{F-PSMA-1007}$ may have diagnostic efficacy in assessing primary tumors [9, 14, 15] or identifying local recurrence [7, 10, 16] due to reduced urinary excretion. Conversely, the use of $[^{18}\text{F}]\text{F-PSMA-1007}$ has been associated with an increased incidence of indeterminate findings, particularly in the bone, termed non-specific bone uptake, and celiac ganglia [8, 10].

This study has several limitations. First, due to the retrospective nature of the study the scans were performed at two different time points and in some cases for different indications (staging, biochemical recurrence, post-treatment response), this is precluding a direct intra-lesion analysis and therefore makes a comparison of uptake in malignant very limited. However, careful efforts were made to mitigate the temporal differences between the two scans, with no discernible differences in PSA levels at the time of imaging or in clinical

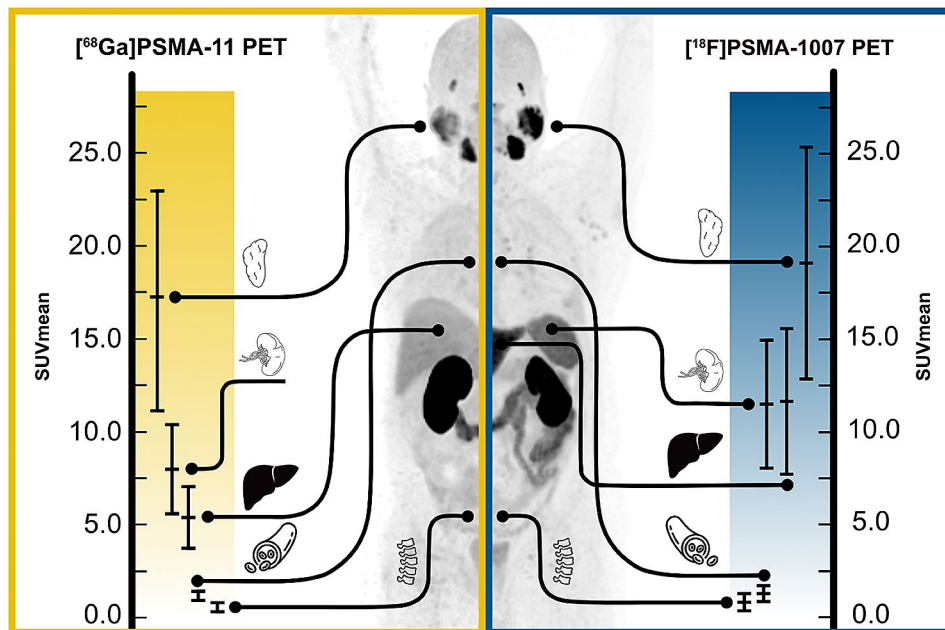


Fig. 7 Graphical representation of SUV_{mean} with mean and standard deviation for the parotid gland, spleen, liver, blood pool and bone for both $[^{68}\text{Ga}]$ Ga-PSMA-11 PET and $[^{18}\text{F}]$ F-PSMA-1007 PET.

indications. Second, a major limitation is the retrospective design, particularly given the heterogeneous nature of the patient cohort. Third, the current study cohort does not allow for a comprehensive assessment of patient eligibility for $[^{177}\text{Lu}]$ Lu-PSMA-617 RLT, as the majority of patients underwent imaging for staging or biochemical recurrence, limiting the scope of the study in this regard.

Conclusion

Comparing biodistribution of $[^{68}\text{Ga}]$ Ga and $[^{18}\text{F}]$ F tracers, the most robust internal reference value is the liver uptake on $[^{68}\text{Ga}]$ Ga-PSMA-11 PET. As expected, the SUV_{liver} on $[^{18}\text{F}]$ F-PSMA-1007 PET were significantly higher in comparison to $[^{68}\text{Ga}]$ Ga-PSMA-11 PET, but so was splenic uptake. The observed high intra-individual linearity in hepatic accumulation between the two tracers suggests the potential utility of a conversion formula for $[^{18}\text{F}]$ F-PSMA-1007 PET to provide a more equitable basis for RLT selection instead of the spleen as internal organ reference.

Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s13550-024-01097-3>.

Supplementary Material 1

Supplementary Material 2

Author contributions

Irene A. Burger and Alexander Maurer and contributed to the study conception and design. Cristina E. Popescu, Alexander Maurer and Irene Burger wrote the first draft of the manuscript. Boya Zhang, Noel Spielhofer,

Stephan Skawran and Thomas Satoretti performed data acquisition. Jakob Heimer, Alexander Maurer and Boya Zhang were responsible for statistical analysis and visualization. Irene Burger and Alexander Maurer were responsible for the Data Interpretation. Alexander Maurer made the graphical works. Alexander Maurer, Cristina E. Popescu, Irene Burger, Michael Messerli, Martin W. Hüllner and Philipp A. Kaufmann edited the manuscript and prepared it for publication. All the authors revised the manuscript and approved the submission. All the authors had full access to all the data and the final responsibility to submit for publication.

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Data availability

The analyzed data may be available from the corresponding author upon reasonable request and with the permission of University Hospital Zurich, University of Zurich, Switzerland.

Declarations

Ethical approval

This study was performed in line with the principles of the Declaration of Helsinki. Approval was granted by the local cantonal ethics committee of Zurich (KEK 2023–00812).

Consent to participate

Informed consent was obtained from all individual participants included in the study.

Consent for publication

Not applicable.

Conflicts of interest

Irene A. Burger is Editor-in-Chief of EJMMI Research, so a deputy editor is responsible for this scientific paper. Irene A. Burger is Editor-in-Chief of EJMMI Research and therefore an alternative editor is in charge. Irene A. Burger has received research grants and speaker honoraria from GE Healthcare, research grants from Swiss Life and Bayer, and speaker honoraria from Bayer Health Care, Novartis, Jansen and Astellas Pharma AG. Martin W. Hüllner received grants and speaker honoraria from GE Healthcare, a fund by the Alfred and

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